



# lal

**Unforgettable**  
Real Life English  
2022

PROUD USERS OF

 **NATIONAL  
GEOGRAPHIC**  
LEARNING



Best Chain School nominee  
& Work Experience Provider  
nominee 2020

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# LAL is unforgettable

You might not know it yet, but LAL will be with you forever.

The people, the places and the English language you discover through LAL will shape the way you interact with your world.

The benefits of your language experience with LAL will endure, because real-life learning resonates long after you have finished your course. The experience goes way beyond the classroom: belonging to the LAL community really means getting out and exploring the places you always heard about, from a completely new angle.

Being able to share moments with people who, like you, are building their own future, finding their unique take on each LAL destination, and living abroad as part of an international community - this is LAL.

LAL: Unforgettable

## Unforgettable English

- You want to learn unforgettable English that will stay with you forever. With LAL, you will.
- We have a top-notch learning plan in and beyond the classroom.
- Out of classroom lessons give “real-life English” a whole new meaning.
- Never stop learning with our online continuation courses.

## Unforgettable People

- We are people who believe in a better world too. You'll never feel alone.
- Being far away from home, we'll create the opportunities for you to interact with people that make you feel like you belong.
- English is for sharing – Real Life English ensures you both learn and communicate with people from all over the world.

## Unforgettable Experience

- Locations you've never been to before, experienced in ways you've never imagined before.
- Living within the community, safely in the hands of LAL's dedicated staff.
- Not out of your comfort zone, but in your element.



# Real Life English

There are thousands of ways you could spend your time in each of our destinations. But at LAL, we pack our Real Life English activities with specially-designed dynamics to make sure you're not only having fun, but learning new skills, connecting with people who share your interests, exploring the culture of our unique destinations and, most importantly, living all of it in English.

Real life is irreplaceable, unforgettable - what better way is there to learn English?

## “What makes LAL unique?” - Real Life English



### Free Welcome Events

Each LAL school has a unique, free, unforgettable welcome event to kickstart our students' LAL experience by welcoming them to our schools in the most authentic, immersive and fun way possible, introducing them to our destinations, our schools and their new friends.



### 'English on the Go' lessons

At least once a month our teachers take students for their lessons outside of the classroom, teaching English out and about in real life.



### Exclusive activities

Designed by us for students to connect with one another; teachers and staff join students on selected free and low-cost fun activities to immerse them in English in real life situations.



### Real Life English Excursions

Much more than regular excursions, we've selected and designed local “must-do” experiences to provide our students with unforgettable English through unforgettable experiences.

At LAL we believe in comfortable relationships; we want you to make new friends. We put our students first so you can relax and **speak English** in or out of school. Friendly staff work together to make sure you enjoy **learning a language** that is an important part of life.

# Our Methodology



If you need English for work, travel or study, LAL's experienced teachers can help you practise the language for everyday situations. Our teachers are familiar with how you need to learn English, including using technology and real-life situations. Learning English means speaking, listening, reading and writing. You will use important communicative skills and improve your confidence.



We like our students to be involved in their learning, so as well as planning lessons and progress checks for you, we ask you about the language you want to learn. Discussing and negotiating the week's work with your teacher and class creates a course perfect for your language needs.



LAL likes you to check on your progress. We offer daily feedback from your teachers, weekly written or aural tests as well as written and spoken end of level exams. Our materials align with levels in the Common European Framework of Reference for Languages (CEFR).



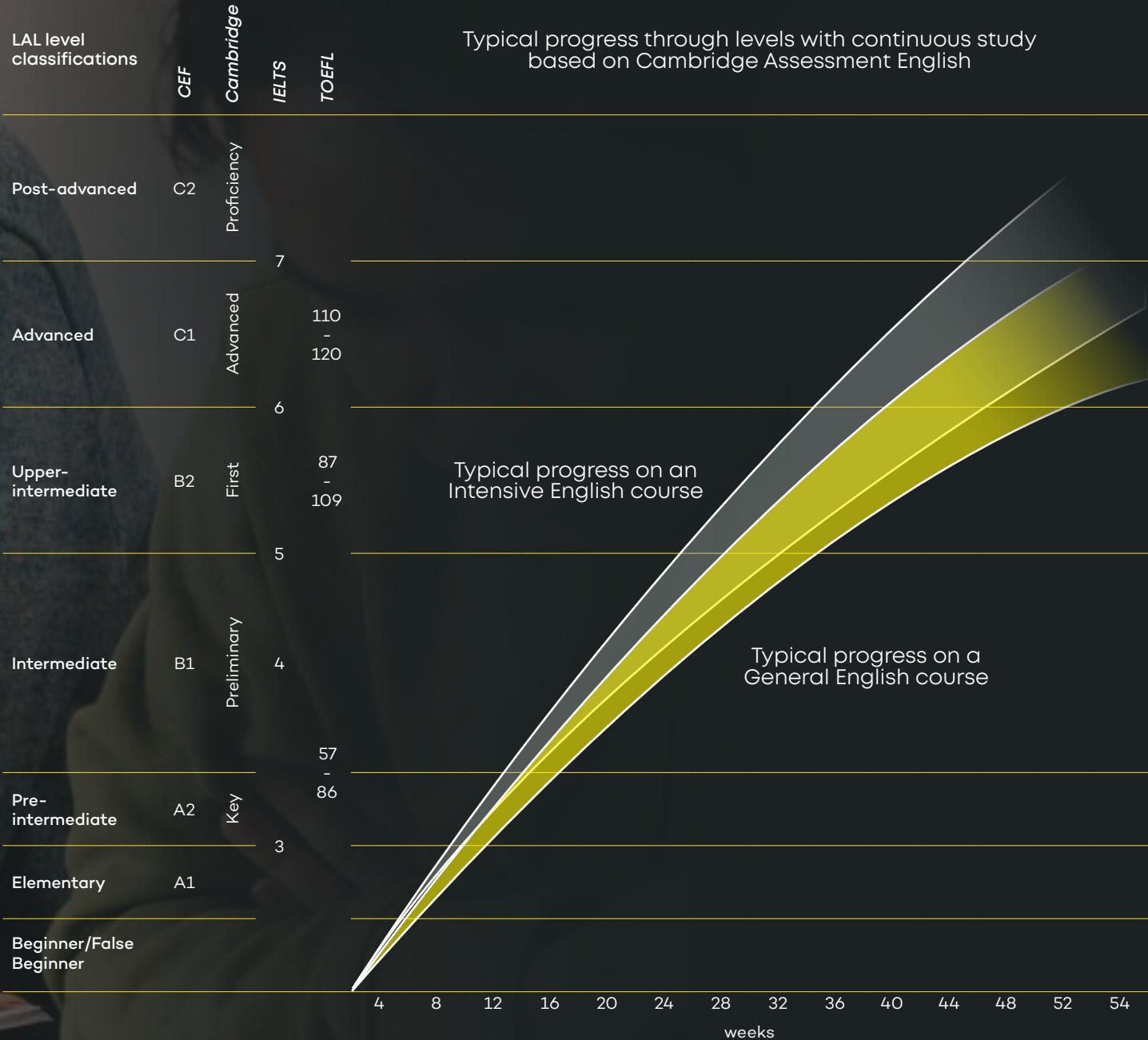
We love it when our students talk to us in English outside the classroom, whatever their level\*. This builds confidence and lets you use language in lots of real situations. Because of this, we think you should try to speak English as much as you can, even to people from your own country.



# Our Learning Pledge

Years of experience in teaching, course planning and getting feedback from students mean that we know how you learn English. We assess you to start you in the level best suited to you. You can then progress quickly and work towards reaching your personal goals.

Attendance, participation, practice: we make sure you learn how to progress while achieving and surpassing the goals that you arrive with.



# Our Courses

LAL has a range of great courses to suit your needs. Take our popular **General English** and add everyday skills or **focused language lessons**. Our schools offer options from work specialisations to academic courses.

	Hours per week	Levels	Torbay	Cape Town	
General English	15	All	♦	♦	Real Life English Page 16-17
Intensive English	22.5	All	♦	♦	
English for 30+	15	All		♦	
Intensive Mini Group English	22.5	All	♦		
General English + Mini Group	22.5	All	♦	♦	English for Academic Purposes Page 18-19
Travelling Classroom	5	A2		♦	
General English +IELTS	22.5	B1	♦	♦	
Cambridge Exams	22.5	B1		♦	
English for Academic Purposes	7.5	B1		♦	English for Work Page 20-21
Business English	15	B1	♦		
English for Finance & Business	7.5	B1	♦	♦	
English for Travel and Tourism	7.5	B1	♦		
English for Law	7.5	B1		♦	Work Experience Page 22-23
English for Marketing	7.5	B1		♦	
Internship Placement	-	B1		♦	
Work Adventure	-	B1		♦	
Wildlife Volunteering	-	B1		♦	Page 24-25
Social Volunteering	-	B1		♦	
Study and Social Volunteering	-	B1		♦	
Online English Courses	-	All			



# Real Life English Courses

At LAL we believe you need to feel motivated, so that in the classroom you can relax and let your language develop, using English every day in a fun and productive way. Our courses are made to give you the confidence to use new language while you get to know your classmates, talk about situations and topics that interest you and bring your real-life pastimes to life in English.

**Recommended for**  
any person who wants to improve their general English skills.



		<div>Hours per week</div> <div>Max. class size</div> <div>Weeks</div> <div>Levels</div> <div>Available in</div>				
General English	This course builds on your current language skills, adding new structures, vocabulary and practical language suitable to your level. The tasks and activities get you to use and improve your English in a variety of situations while conversing in a natural way.	15	12*	1+	All	Torbay Cape Town
Intensive English	Develop your language skills with an extra 7.5 hours a week added to your General English course. You can apply new language you are learning with speaking-based lessons reading, listening and writing to introduce topics.	22.5	12	1+	All	Torbay Cape Town
Intensive Mini Group English	Learning English in larger groups has a lot of advantages. However, if you need more attention to improve even faster, our Intensive Mini Group English course is for you.	22.5	6	1+	All	Torbay
General English + Mini Group	You will learn General English in the morning and in the afternoon you will join our Mini Group, a class with reduced sizes, giving you more attention from the teacher helping you to improve even faster.	22.5	12	1+	All	Torbay Cape Town
English for 30+	Sometimes it's nice to have something obvious in common with your classmates. With this course you can make friends with people around the same age who also have life experience to share.	15	10	2+	All	Cape Town
Best of the South-West	Our over-50s course is designed to deliver magical experiences by bringing together the people, places and English language that will shape the way you interact with your world.	-	6	1+	All	Torbay
Travelling Classroom	You will explore the famous Garden Route and travel to the most amazing locations accompanied by your teacher.	5	8	1	A2	Cape Town

\*Torbay maximum class size increases to 15 during high season.



# English for Academic Purposes

There is nothing better than preparing for an English exam while living in an English-speaking environment. You can improve all your skills while learning how to approach the exam you are taking. Classes focus on exam content, strategies and timing, with teachers who have a high success rate and a good understanding of the exam system.

**Recommended for**  
any person who is planning on taking a Higher Education Course.



## General English +IELTS

You can add an hour and a half a day to your current English course if you need to work on IELTS strategies and start preparing for an exam.

Hours per week  
Max. class size  
Weeks  
Levels  
Available in

22.5 12/10 1+ B1 Torbay  
Cape  
Town

## Cambridge Exams

Cambridge Exam Certificates last your whole life and are recognised worldwide to show the depth of your English; they also give an idea of your personal commitment and ability to work when applying to universities, employers and other interested agencies.

22.5 10 6 B1  
8 B2  
10 B2  
C1 Cape  
Town

## English for Academic Purposes

Are you involved in or beginning college or university? Do you want to take exams such as IELTS in the future? This course highlights academic skills and study abilities to make you more proficient when you are learning with or in English.

7.5 6 1+ B1 Cape  
Town

# English for Work

In the international world that is a part of modern life, a good level of English is essential. Our courses give you a chance to improve your English communication skills across the board with a focus on your work requirements. Our engaging range of business courses cover language from company management to client relations in a practical and relevant way.

**Recommended for** people who want to improve their job prospects or are looking for a job in an international environment



		Hours per week	Max. class size	Weeks	Levels	Available in
<b>Business English</b>	Our Business English course gives you the opportunity to practise with like-minded colleagues to upgrade your skills in lots of areas; use and improve your language for meetings, presentations and negotiations as well as interviews, managing employees and client relations.	15	6	1-7	B1	Torbay
<b>English for Travel &amp; Tourism</b>	Improve your ease of communication with your clients and customers with this afternoon part of your course; based around the language for careers with a cross-cultural focus, it also includes our enjoyable General English course.	22.5	12/12	1-4	B1	Torbay
<b>English for Finance &amp; Business</b>	Develop your General English skills in the morning, then use your afternoon class to focus on business and finance vocabulary or language specific to your needs.	22.5	12/6	1-7	B1	Torbay Cape Town
<b>English for Law</b>	Use authentic case studies and legal texts in a practical way to cover a variety of legal language. After a General English morning, you will enjoy your afternoon class practising topics ranging from company law to human rights, depending on your needs.	22.5	12/6	1-4	B1	Cape Town
<b>English for Marketing</b>	Do you work or want to work in the exciting world of marketing, public relations or advertising? Top up your General English morning with classes practising situations in your field when you book this course.	22.5	12/6	Any	B1	Cape Town



# Work experience

From living in a bustling city to working on a wildlife reserve, LAL has links with a variety of placements, internships and volunteer programmes. Improve your English while trying out a dream job!

**Recommended for** students and recent graduates who would like to gain experience in the work place, help communities or care for animals.



		Weeks	Levels	Available in
Internship Placement	Experience a company internship in South Africa after your time at LAL to help prepare for work during or after university.	up to 1 year	B1	Cape Town
Work Adventure	Live and find a work placement in South Africa for up to 12 months after your course at LAL so you can improve work prospects while practising English.	up to 1 year	B1	Cape Town
Wildlife Volunteering	Love wildlife and preserving the environment? Come to LAL Cape Town and volunteer on a game reserve near Port Elizabeth after your course.  18-30 year olds welcome, but older volunteers may apply.	2-12	B1	Cape Town
Social Volunteering	Work in education, childcare, healthcare or social sector businesses with this one-of-a-kind programme which allows you to practise English while immersed in the local culture.	2-12	B1	Cape Town
Study and Social Volunteering	Study English in the morning and volunteer and work in the local community in the afternoon on this great programme. Various social placements from childcare to local NGOs are available, with times dependent on the type of placement you are interested in.	2-24	B1	Cape Town

More information available on request

# Online Courses

Whether you are looking for General English classes or private one-to-one lessons, LAL has it all available online!

**Recommended for**  
for students working from home or travelling the world, who want to improve their English skills.



connect  
by lal

## Group Classes

Learn Real Life English lessons online in interactive group classes.

Choose from General English or Specialised English classes (IELTS Exam Prep, Cambridge Exam Prep or Business English).

45 minute lessons

See price list

## Private 1-2-1 Tuition

You might prefer General English lessons in individual 1-2-1 classes for a more focused learning experience.

Choose from General English or Specialised English classes (IELTS Exam Prep, Cambridge Exam Prep or Business English).

45 minute lessons

See price list

Lessons

Levels



# Blended Learning

In our goal to provide the most unique and authentic learning adventures, LAL has always excelled in delivering outstanding in-school experiences. However, many of our students are eager to maximise their opportunities to learn with LAL beyond the classroom so we can now offer all of our students a highly effective 3-step learning process.

Here's how it works.



Before arrival, take our pre-school online English language course on our own online learning platform: 'Connect' by LAL. This course will help you to develop your English so that you can 'hit the ground running' when you arrive and make the most of your in-country stay. Our pre-school course improves your English and builds your confidence in preparation for an unforgettable Real Life English experience in our LAL schools.



Your in-school Real Life English experience will be something you will never forget. Our everyday English courses are designed to give a good grounding in relevant, modern English, giving you confidence and improving your ability in a wide range of day-to-day situations. Our exam preparation classes will help you towards globally-recognised qualifications that can shape your future.



Your learning experience doesn't end when you return home. As well as all the memories you will take with you, LAL students can take advantage of our post-school English courses. Simply log onto Connect and continue developing your language skills from the comfort of your own home.

From any device, anywhere in the world with internet access, or in school living the language, your LAL experience need never end.

# After Hours Learning

Each school offers after school clubs to help you improve your confidence and enjoyment with the English language.



Chat Club



Book Club



Film Club



Study Club



University Study Focus



University Admissions Workshop

Clubs vary from school to school and are dependent on student numbers.



# Life by Lal



As soon as you book with us, you'll be given access to our web app, Life by LAL, our very own student platform that gives you a more connected learning experience and a simpler induction process. You will start by taking your placement test and can register for any of our online courses, so you can begin learning before you even arrive.

Find all the information you need about travel documents, flight details, insurance, pre-arrival information, activities, events and much more.

[life.lalschools.com](https://life.lalschools.com)



Complete your placement test in advance



Discover everything about your new school



Register for any online lesson prior to your arrival



Earn points to redeem exclusive rewards



Share media and post updates about your time at LAL



Find new friends and interact with others at your school



Asking questions and giving feedback couldn't be easier





# Your Lesson Schedule

We welcome new arrivals every Monday unless arranged otherwise. Classes are in the earlier part of the day with several breaks and excursions and other activities take place after your lessons.

Example Timetable (General English)

	Monday	Tuesday	Wednesday	Thursday	Friday
Early morning	Arrival, Induction & Welcome Event	<b>Listening</b> Vivid Recollections of Early Childhood	<b>Speaking</b> Top attractions	<b>Vocabulary</b> Current affairs – multi-word verbs	<b>Learner training</b> Making use of study websites
		<b>Grammar</b> Used to/would for past habits & states	<b>Webquest</b> Planning a weekend	<b>Reading skills</b> Prediction – newspaper articles	<b>Authentic listening</b> BBC iPlayer
		<b>Writing</b> Filling in an online form			
Break					
Late morning	<b>Negotiation of week's work</b> Giving/asking for opinions	<b>Vocabulary</b> Building descriptive language	<b>Functional English</b> Making a complaint – roleplay	<b>Language</b> Of presenting an argument	<b>Progress test</b>
	<b>Study skills</b> Using a mono-lingual dictionary	<b>Speaking</b> Describing a childhood memory Library lesson	<b>Pronunciation</b> Sounds in connected speech	<b>Speaking</b> Discussion of topics from newspaper	<b>Speaking</b> Discussion – ways to continue learning English after the course

This is an indicative timetable, and the exact contents of the course will vary from week to week and school to school.

# Our Schools

We believe that belonging to our community and **sharing your experiences** abroad are the best ways for you to **improve your English**. Our schools are designed with that in mind: shared spaces and plenty of activities that allow you to connect with one another.

## Your **safety** is important to us

We want your time with us to be as stress free as possible, so we have put in place new systems and procedures to ensure all our staff and students feel safe and protected.

- Our staff are here to support you through your stay and to make sure your stay is safe and relaxed.
- All our schools have daily cleaning schedules.
- Masks are recommended for communal areas and high traffic areas.
- LAL Language Centres strongly urges all students to carefully check their insurance policies to fully understand the cover and the potential for incurred expenses in the event of cancellations. LAL's insurance provider is [guard.me](https://guard.me) international insurance.



# Torbay

Discover the hidden sights of Devon when you stay in Torbay. Three friendly seaside towns and typical English countryside are easily visited while you relax and improve your language skills.

16

Minimum Age

22

Number of Classrooms

15

Max Class Size

1984

Founded



Free WiFi



Student lounge



On-site café



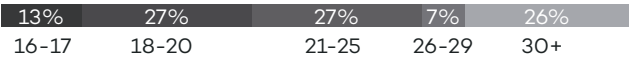
Garden



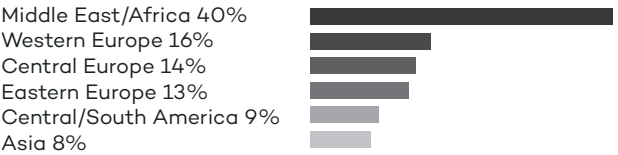
Accredited by the  
**BRITISH COUNCIL**  
for the teaching  
of English in the UK



### Age Range



### Nationality Mix



### Courses

- General English  
Intensive English  
Intensive Mini Group English  
Best of the South-West  
Business English  
General English + Mini Group  
English for Finance & Business
- English for Travel & Tourism  
General English + IELTS  
General Private Tuition

### Accommodation

Homestay 45 mins from school



# Cape Town

Discover the friendly culture of Africa for yourself at our campus in Cape Town; meet new friends and explore a beautiful country while developing your language skills.

16

Minimum Age

17

Number of Classrooms

12

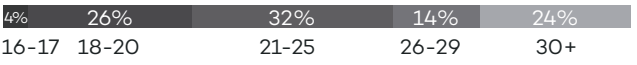
Max Class Size

1994

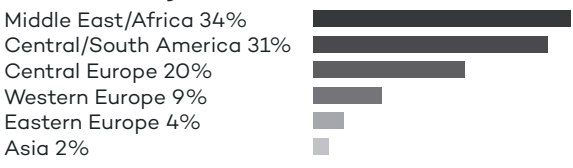
Founded



### Age Range



### Nationality Mix



### Courses

- General English

Intensive English

English for 30+

General English + Mini Group

English for Finance & Business

English for Law

English for Marketing

English for Academic Purposes

General English + IELTS
- General Private Tuition

Cambridge B2 First

Cambridge C1 Advanced

Internship Placement

Work Adventure

Social Volunteering

Study & Social Volunteering

Wildlife Volunteering

Travelling Classroom

### Accommodation

- On-site Residence

Homestay
- At school campus

30 mins from school

Free WiFi

Student lounge

Book shop & library

Swimming pool

Computer & tablet access

Garden



# Young Learner Programmes

## What's Included?

- ✓ General English tuition
- ✓ LAL course book & materials
- ✓ Registration fee
- ✓ Full-board accommodation
- ✓ Extensive leisure programme
- ✓ Escorted meet & greet return transfers (selected airports)
- ✓ Travel & Health insurance (cancellation cover only for UK)
- ✓ Certificate of attendance & report

## Programmes

### Vacation English

Our Vacation English students will learn English while having the opportunity to explore the local culture. The programme includes lots of fun trips out and activities allowing students to use English in real-life situations.

#### Torbay

### Vacation English Plus

The 'Plus' here says it all: this course includes the Vacation English course and adds several evening activities and a daytime social programme. Our different schools offer three evenings, four evenings or a full week of evening activities.

#### Cape Town

## Key Facts

**Lesson schedule:** Mornings or afternoons

**Maximum class size:** 16 students

**English tuition hours per week:** 15 hours

**Course length:** 1-4 weeks

### Day/Family Programmes

The above programmes can be booked for young learners on holiday and living with their families. Choose tuition only or try the full days of classes and fun activities.

Please note: Insurance, transfers and accommodation are not included with this type of booking.

#### Cape Town



# Fun-packed courses for juniors & lifetime experiences for teenagers

## English Is Fun

Our courses allow young learners to use English in a variety of fun and informative ways: teachers use tasks, games, projects and competitions to excite and interest their students.

## Student Experience

Our schools allow young learners to enjoy their English activities quite independently while being well looked after by our Young Learner teams.

## Safeguarding

Quiet and peaceful locations let our younger learners use their English at local attractions and activities. Our activity leaders make sure they are safe while discovering new places and having a good time with friends.

## Looking Ahead

Helping students feel positive when using English is a top priority for all our teachers and leaders. We like our students to have stimulating lessons with language based around their lives, so they can continue to progress and enjoy English long after their time with us.

## Different People, Different Places

Over 100 different nationalities visit LAL schools each year, with each school situated in its own exciting area. This gives our youngsters a chance to make great new friends from lots of other countries while seeing the sights and exploring local culture together.

## Safety & Welfare

Our top priority is our students' safety and well-being. We have dedicated welfare staff in all our schools who ensure our students are happy and healthy.



## Experience

We have over 25 years of experience looking after young learners from all over the world!

## 24/7 Support

Our students can contact our well-chosen welfare teams for care and support at any time during their stay.

## Escorted Transfers

LAL staff, or a reliable LAL representative, will collect and watch over our students when they travel between the airport and school.

## Selecting our Staff & Hosts

We carry out all legal and industry-recommended checks on our staff and hosts, with regular inspections of homestays, so we can ensure their suitability to work with our students.

## Insurance

Free travel and health insurance is included with all packages (except day and family programmes). Cancellation cover is not in place for South Africa. Conditions apply.



# Torbay

Looking for a taste of English sea and countryside culture? Torbay has many attractions nearby or within the three towns and some amusement parks for a bit of extra fun.



Age 10-17



Free WiFi



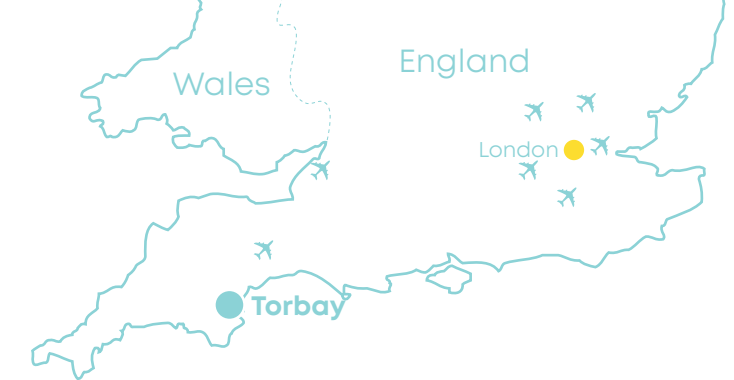
Lounge area



Garden



School café



## Example Timetable

	MORNING	AFTERNOON	EVENING
SUN	Arrivals & Departures		Homestay
MON	Lessons	Sports & Games	Homestay
TUE	Lessons	Half-day Excursion	Activities
WED	Lessons	Half-day Excursion	Activities
THU	Lessons	Half-day Excursion	Activities
FRI	Lessons	Half-day Excursion	Homestay
SAT	Full-day Excursion		Homestay
SUN	Arrivals & Departures/Homestay		Homestay
MON	Sports & Games	Lessons	Homestay
TUE	Half-day Excursion	Lessons	Homestay
WED	Half-day Excursion	Lessons	Homestay
THU	Half-day Excursion	Lessons	Homestay
FRI	Half-day Excursion	Lessons	Homestay
SAT	Full-day Excursion		Homestay
SUN	Arrivals & Departures/Homestay		Homestay

## Packages & Dates

### Vacation English

Age 10-17  
03 Apr - 24 Apr  
05 Jun - 28 Aug  
25 Sep - 16 Oct

## Transfer Day

### Sunday

EXT, BRS, LHR, LGW,  
LTN, STN

## Accommodation

### Homestay

Shared bedroom  
Shared bathroom  
Average 20 mins, max 40  
mins from school by bus or  
on foot.

## Highlights

Splashdown

Paignton Zoo

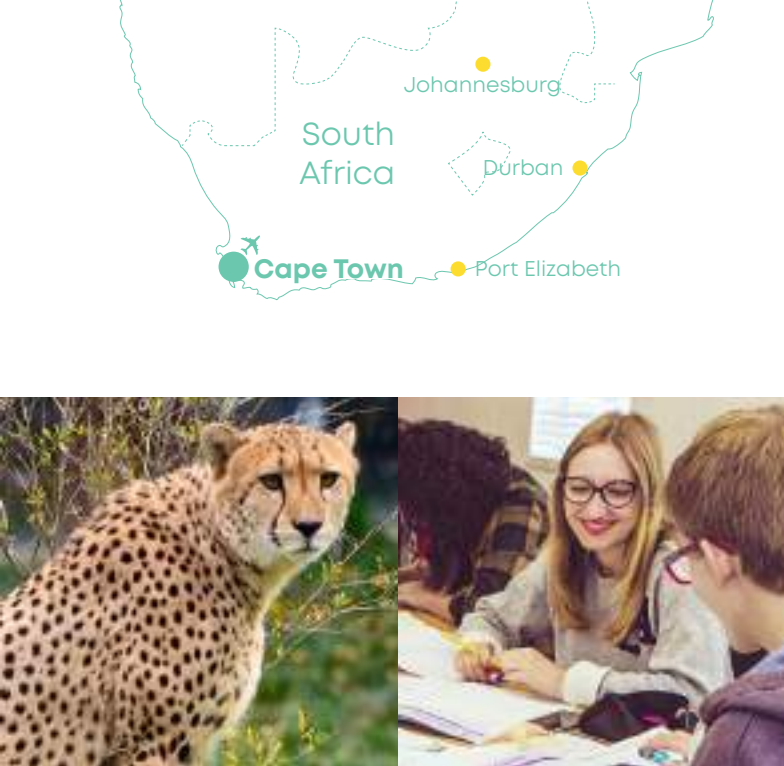
Dartmoor



# Cape Town

## African Adventure School

Enjoy an African adventure holiday and use real English every day in remarkable Cape Town. Meet the vibrant people and discover local culture in this iconic South African city.



Age 12-17



Free WiFi



Swimming pool



Garden



Canteen



Lounge area



Library



Bookshop

### Example Timetable

	MORNING	AFTERNOON	EVENING
SUN	Arrivals		Dinner
MON	Placement Test / Lessons	Two Ocean's Aquarium and V&A Waterfront	Dinner at V&A Waterfront
TUE	Lessons	City Tour / Free Time	Djembe Drumming
WED	Lessons	Table Mountain	Barbecue / Free Time
THU	Lessons	Ostrich Farm & Blouberg Beach	Ice Skating
FRI	Lessons	Seal Island & World of Birds	Dinner at Hout Bay Market
SAT	Cape of Good Hope & Boulder's Beach		Dinner & Free Time
SUN	Free Time		
MON	Lessons	Canal Walk / Free Time	Laser Tag
TUE	Lessons	Kirstenbosch Botanical Gardens	Trampoline Park
WED	Lessons	Robben Island	Barbecue / Free Time
THU	Lessons	Township Tour	Dinner at Mzansi
FRI	Lessons	Cool Runnings	Disco
SAT	Cheetah Sanctuary & Lion Park		Dinner & Free Time

### Packages & Dates

**Vacation English Plus**  
Age 13-17  
02 Jan - 27 Feb  
26 Jun - 21 Aug

**Travelling Classroom**  
Age 16-17  
Departure dates:  
03 Jan, 07 Mar,  
04 Jul, 05 Sep, 07 Nov,  
02 Jan 2023

### Transfer Day

**Sunday**  
CPT

### Accommodation

**On-site Residence**  
Shared bedroom  
Shared bathroom

### Highlights

**Table Mountain**  
Vacation English  
**Robben Island**  
Vacation English

### Classic Upgrades

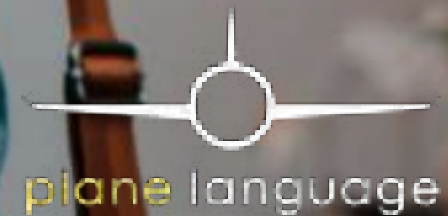
**Full-day Safari**  
**Paragliding**  
**Sand Boarding & Quad Biking Combo**



Get your team **speaking the language** of global business

**upskill**

 corporate language solutions

  
plane language

inbound

train2teach

The ability to communicate effectively in English is essential in today's world.

LAL has developed a suite of off-the-shelf English language training programmes bringing together what lies at the core of our ethos: tourism, business, aviation and education, as well as bespoke solutions equipped to provide your organisation with the training you need: this is Upskill.

Contact our expert to find your English training solution

**expert@upskill.international**  
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