



**ENGLISH LANGUAGE** *ADULTS* •

**ENGLISH LANGUAGE** *JUNIORS* •

**UNIVERSITY PATHWAY** • **HIGH SCHOOL** •

**INTERNSHIP** • **VOLUNTEERING** •

**RESIDENTIAL ACCOMMODATION** •



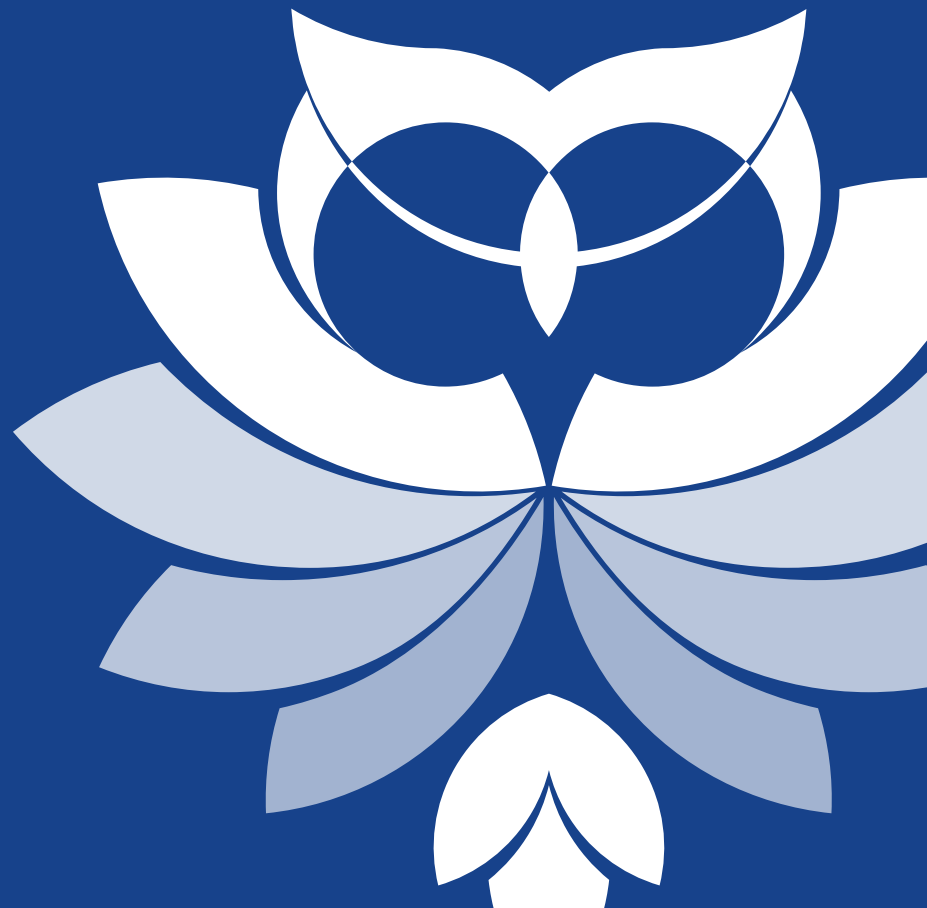
SALUTING BATTERY

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## MISSION STATEMENT

To be **Malta's** leading international boutique institution for real life **English language** experiences, **holistic education**, support services, and foster valued **intercultural exchanges** through meaningful individual interaction with institution personnel in Malta's congenial lifestyle environments, cultural and fascinating wealth.





# FRIENDLY MALTA

Malta is your welcoming, hospitable, and trendy island in the heart of the Mediterranean. Thousands of international students like you choose this sunny island as their 'home away from home' every year – and it's easy to see why.

As a member of the European Union, Malta boasts a cosmopolitan and welcoming English-speaking population, making it an ideal place for both leisure and learning. From its crystal-clear waters to its architectural heritage, Malta offers a blend of seaside relaxation and historic charm.

As you explore Malta's rich heritage, you will be inspired by the impressive prehistoric temples, remnants of Roman civilisation, medieval and renaissance cities adorned with palaces, baroque churches and artefacts.

Savour the flavours of delicious Mediterranean cuisine, swim at our many beaches, embrace the sports culture, and more. Whether you're looking for calm and sunny winter days or an exciting and lively nightlife, Malta has it all.

# FRIENDLY NSTS MALTA

Founded 70 years ago at the University of Malta, NSTS Malta is a dynamic and welcoming organisation dedicated to your holistic educational development, while contributing to intercultural understanding and generating friendships across borders.

Our diverse education portfolio includes a range of quality accredited English language experiences for both adult and junior learners. We also offer University Pathway English and Business Management qualifications, High School Year programmes, Erasmus+ or self-funded mentored Internships, and Volunteering assignments.

Moreover, our accommodation options are as varied as our course catalogue. Enjoy our brand-new student residence, NSTS 60, located in the city centre just a short walk from the school, beaches, commercial zones, and vibrant entertainment areas. Our well-established NSTS Campus Residence near the University of Malta is close to both the school and commercial zone. Alternatively, you can opt to live at a Host Family, Hotel, or Apartment.

The boutique character of NSTS Malta assures individual care and attention to your educational enrichment, enjoyment, and satisfaction.



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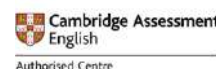
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**NSTS** MALTA

# ***NSTS ENGLISH LANGUAGE CALLING***





NSTS is proud to be the innovator of English language education for non-native speakers in Malta, a journey that began during the final years of British presence on the island over 60 years ago.

This marked the beginning of Malta's success story in English language education, with NSTS leading the way. For decades, we were the sole institution in this field, later forming a national federation to foster cooperation and establish high-quality standards. Our advocacy efforts on a national level culminated in the creation of the world's first legislation dedicated to language teaching to non-native speakers nearly 30 years ago.

NSTS English Language Institute continues to innovate with each year, providing high-quality, modern methods to help you advance your English-speaking skills against the inspirational backdrop of the Maltese Islands.

Our accommodation offerings vary from modern self-catering studio rooms at NSTS Student Residences to sharing apartments for adult students\*\*.

We recognise your existing language abilities and present opportunities to practise and improve through real-life tasks in our English classrooms, in a manner which prepares you for real-world communication in the 21st century.

**\*\* Refer to page 24 for Accommodation Information**

## ADULT

# GENERAL & INTENSIVE ENGLISH

Sharpen your English communication skills with our General & Intensive English courses. Whether you want to improve your speaking, listening, reading or writing, our programmes cover all the bases.

Join us on any Monday morning throughout the year for any duration between 1 week and 1 year. The longer you stay, the more you save on tuition fees per week.

Learn alongside approximately 7 other international adult learners like yourself, as you engage in interactive lessons and activities led by professionally qualified teachers.

At least 2 weeks before starting your course, you will take an online graded assessment. This allows us to determine your level of English, assess your strengths and weaknesses, and place you in the most suitable class.

Beginners, or Council of Europe Framework Reference CEFR level A1 learners, are only accepted on the one-to-one Absorption English for Beginners Course (page 7).

Following this, we will accommodate your level and provide you with tailored learning materials that will motivate you to better your skills. The topics covered in class are action-oriented and relatable to everyday life, centring around your interests and lifestyle activities.

Our methodology is designed to give you strategies for independent learning, which help you maintain confidence in your communication abilities when you return home to your regular routine. What's more, students are encouraged to continue their studies by following 4 online lessons per week.

You can choose to follow only 20 lessons\* a week from Monday to Friday. These make up the General English Course. Alternatively, you may increase your weekly lessons to 25 or 30 to attain faster results in a shorter time. These are called Intensive. General and Intensive English courses share the same classroom format and blend well with online lessons.

What's more, classes are held in the morning leaving you plenty of time to explore Malta's cultural riches and leisurely lifestyle. Our friendly Student Relations Team organises afternoon or evening activities and is available to accompany you on request. In the process, you get to see the best of what our island has to offer while also practising your English informally.

Complete your course with a Certificate of Merit and Attendance, reflecting your CEFR class level and progress.

We are dedicated to helping you achieve lifelong success in English, just as NSTS has.



\* Refer to page 15 for Course Details





## ADULT **TOP-UP**

# ENGLISH FOR SPECIFIC PURPOSE

Our English for Specific Purpose (ESP) Top-ups are ideal for those with international university, career, or professional ambitions to attain. The Top-up includes 10 specialised lessons in the subject of your choice, in addition to the 20 weekly lessons of General English.

Take your pick from our wide range of ESP options to enhance your expertise in areas such as Academic English, preparation for internationally recognised exams like IELTS or Cambridge, and Business English. Specialised fields include English for Accountancy, Economics, Journalism, Medicine, Law, Architecture, Engineering Digital Marketing, Tourism and more.

Even if you choose to follow this ESP Course of 30 lessons every week, your lessons will be over by 14:15 hours, enabling you to enjoy your afternoon.\* Plus, you will be eligible to receive a Certificate of Merit and Attendance which will highlight your ESP.

Maximise your potential and achieve your professional and academic goals with NSTS's Top-Up English for Specific Purposes courses.

[\\* Refer to page 15 for Course Details](#)



## ADULT **ABSORPTION**

# ENGLISH FOR SPECIFIC PURPOSE

If you possess a sufficiently high level of English at around CEFR level B1 and want to dedicate all your lessons to your specific purpose, you can choose to follow individual one-to-one lessons in your subject of specialisation, rather than following the General English group lessons.

If you're a beginner at CEFR level A1, you can also enrol in our General English for Beginners course which is available as individual one-to-one lessons starting on any Monday of the year.

You can select from 10, 15, 20, 25, or 30 lessons a week, scheduled from Monday to Friday. Alternatively, you can save time and follow all your 20 or 25 lessons over a weekend from Friday afternoon to Sunday late afternoon.\*

At the end of your course, you will receive a Certificate of Merit and Attendance highlighting your ESP.

[\\* Refer to page 15 for Course Details](#)



## SENIOR ADULT MEDITERRANEAN ENGLISH CELEBRATION CLUB 50+

Experience the charm of Malta during the beautiful months of May and October with our Mediterranean English Celebration, designed for senior citizens aged 50 and over. This unique programme is a delightful blend of social conversation, cultural exploration, and hands-on activities, creating a memorable and enriching experience.

Start off your day with an easy conversation flow on such relatable topics as your family, career, experiences, hometown, country, and lifestyle, each reflecting the diverse national cultures within the club. These sessions are facilitated by a seasoned professional English teacher, ensuring a comfortable and supportive environment where you can improve your language skills and share stories with international like-minded people.

Your afternoons are filled with engaging activities that highlight Malta's rich cultural heritage, guided by an easy-going and entertaining leader.

Enjoy crafting souvenirs from Maltese Globigerina limestone, creating traditional silver filigree, working with pottery, and even cooking and eating a traditional Maltese dinner.

Discover the unique charm of Malta's countryside, medieval cities, and quaint towns and villages, characterised by winding narrow streets, stunning church steeples and cupolas. Guided by a knowledgeable leader, these explorations provide insights into the island's history and traditions.

The programme is available for stays of 1 to 4 weeks duration within May and October.

Embrace the Mediterranean spirit and make memories at Club 50+.



## **ADULT & CHILD**

# **ENGLISH FOR ALL THE FAMILY**

Turn your family holiday into a valuable English language learning experience in Malta, any time of the year, with our English for All the Family programme.

While parents choose from the variety of English courses to suit their needs, children aged 3 to 12 years old can join tailored General English lessons which feature fun games and activities.

Our caring teachers provide a safe and supportive environment for your children during the same hours you attend your lessons, allowing you to focus on your studies with peace of mind.

What's more, the whole family is treated to 2 weekly outings of a leisure and cultural nature, fulfilling the holiday aspect of your visit. With plenty of free afternoons and evenings, you'll have ample time to relax and enjoy your holiday together as a family.

Make the most of your time in Malta by combining quality family time with language learning at NSTS.







**JUNIOR**

# TEENS LIFESTYLE ENGLISH ADVENTURE CAMP

After a challenging school year and exams, treat yourself to an unforgettable Summer Camp holiday in Malta, where you immerse yourself in an English-speaking environment and make new international friends. Available to students aged 13 to 17 from mid-June to the end of August, our Teens Lifestyle English Adventure Camp encompasses two or more weeks of fun, learning, and adventure.

Enjoy relaxing afternoons, entertaining evenings, and weekends packed with fun activities like barbecues, beach days, parties, sightseeing, sport events, cultural explorations, photo-treasure hunts, talent competitions, and more. These activities provide a perfect setting for you to practise and improve your English fluency in a natural and enjoyable way.

Each morning, you'll engage in three solid hours of English practice\*, taught by teachers who think outside the box. These are designed to complement your school studies and enhance your speaking, listening, reading, and writing skills. Lessons are interactive, dealing with relatable topics that are also relevant to the camp activities.

Ideally, you will complete a short pre-course assessment soon after we receive your booking to inform us of your knowledge of English and facilitate the preparation of your lesson tasks.

The Camp programme comes complete with accommodation at an NSTS Student Residence\*\* and participation in a friendly international community life filled with day-long vibrant in-house activities, three daily meals, caring reception and security staff. Sharing accommodation at a host family, also on full board, provides an alternative experience. Both include airport arrival and departure transfers.

Otherwise, you may choose the Camp programme of lessons, activities and related transport without accommodation.

End your summer with a Certificate of Merit and Attendance, reflecting both the English progress and the memories you made during your time in Malta.

\* Refer to page 15 for Course Details

\*\* Refer to page 24 for Accommodation Information

## JUNIOR SCHOOL GROUP

# ENGLISH CAREER INVESTMENT

Our English Career Investment programme is where schooling meets intercultural work practice. Designed for high or vocational school groups, this programme presents an opportunity to broaden your horizons and prepare yourself for international economic activities, all while making memories in Malta.

Between mid-August and early June, join your teacher and classmates either for a 30-hour per week specialised English and cultural formation programme, which trains you for adulthood and future career opportunities, or for a 22 hour per week English practice programme.

After a day dedicated to developing your English and entrepreneurial skills, feel free to unwind with a variety of fun and engaging organised evening activities. Each programme includes 3 evening events of English language games, puzzles, quizzes, movie nights, acting, talent shows, karaoke, music sessions, barbecue and animation. These activities not only

boost your English conversation skills, but also help build camaraderie and create lasting memories.

Each programme includes airport transfers, local transportation, and everything needed for the 30-or 22-hour weekly schedule. Plus, you'll receive a Certificate of Attestation and Participation at the end, reflecting your achievements.

School groups are collectively accommodated in safe and secure multi-bedded rooms in NSTS Student Residences, or at different host families\*\*, on 3 meals a day including a packed lunch.

Invest in your future with our English Career Investment programme.

\*\* Refer to page 24 for Accommodation Information

## JUNIOR SCHOOL GROUP

# ACCELERATED COMPETENCE IN ENGLISH CONVERSATION

Many students spend years studying English at school, but still feel they lack the conversation practice needed to speak fluently.

Our Accelerated Competence in English Conversation programme offers an opportunity to bridge this gap, enhancing your spoken English skills in a practical and immersive environment.

Join your school's subsidised English language trip for one or more weeks and immerse yourself in a holistic English-speaking environment tailored to meet your emotional, social, ethical, and academic needs.

To complement your formal lessons, you partake in non-formal out-of-school listening and speaking simulations on two weekday sessions. These include multimedia presentations, explorations of heritage site treasures, video and photo shooting, and engaging discussions.

This hands-on approach helps you apply what you've learned in a real-world context, making the experience both educational and enjoyable.



## JUNIOR SCHOOL GROUP

# INTERNATIONAL CAREER SKILLS DEVELOPMENT

Prepare for your future career and simulate work-tasks in a foreign environment through our comprehensive International Career Skills Development programme.

Firstly, you'll gain the language skills needed to navigate professional settings confidently and effectively through 4 daily class-lessons\*. These lessons centre around work-oriented topics such as communication and reporting, workplace behaviour, practices, ethics, health, safety, CV writing and interview techniques.

Secondly, you'll get hands-on experience through 2 dedicated workshops that simulate real workplace environments. You'll be assigned project work and take on a proactive role to engage the processes of initiating, consulting, executing, finalising and reporting. The third workshop includes a field visit related to the economic sector under review or an alternative focus area.

By integrating language learning with practical career skills development, this experience gives you a well-rounded preparation for professional life.

\* Refer to page 15 for Course Details



## JUNIOR SCHOOL GROUP

# STANDARD ENGLISH PRACTICE

Enhance your spoken English for everyday situations, boost your social media presence, and gain independence on your holiday travels with our Standard English Practice course.

This programme includes 15 hours of weekly English lessons and 7.5 hours of engaging evening activities. This light programme gives schoolteachers the flexibility to combine on request half-day volunteering activities or cultural outings from the list of "Cultural Immersion" sites.

Another option is to engage the students in discovering the foreign dimension of a subject studied in class such as history of art or architecture, geography, European Institutions and the like.

This approach not only provides essential English practice, but also creatively connects classroom subjects with real-world applications.



## JUNIOR SCHOOL GROUP

# INTERNSHIPS

Our Internship programme gives you the opportunity to taste the meaning of work in a foreign environment, as well as to grow appreciative of diverse work ethics and practices that make up the world's economy.

As a vocational school student, you will have the chance to apply your theoretical studies to executing practical tasks under the supervision of a workplace mentor.

We offer a wide variety of internship placements tailored to your career aspirations. To secure the best placement, submit your application, including your CV and motivation letter in English, at least 8 weeks before your arrival date.

To qualify for an internship, you need a good command of English, rated at a minimum CEFR level B1, and a strong commitment to learning, practising, and succeeding. To ensure that these conditions are met, each applicant undergoes an online interview soon after applying.

Internships must last for a minimum of 3 weeks, with students engaged for 35 hours per week. You must be at least 17 years old to apply.

A byproduct of this career-oriented experience is the continual communication in informal English, resulting in a natural improvement in your fluency.



## JUNIOR SCHOOL GROUP

# CULTURAL IMMERSION

Enhance your career development and personal growth with our Cultural Immersion Programme in Malta. This alternative investment focuses on broadening your horizons and enriching your understanding of human history and heritage, presenting a unique opportunity to explore the cultural wealth of Malta.

Your stay in Malta allows you to acquaint yourself with, and appreciate, the diverse achievements of humanity over millennia, from the awe-inspiring prehistoric temples to the architectural marvels of Roman times and the stylistic developments through the medieval, Renaissance, Baroque, Rococo, and late modern periods.

**An English-speaking Animateur will help you discover all this during your full-day excursions to some of Malta's most iconic and historically significant sites:**

1. Valletta with its impressive St. John's Cathedral, Grand Master's Palace and Malta Experience.
2. Mdina with its Norman House, and its suburb Rabat, Domus Romana and Catacombs.
3. Gozo with its prehistoric Ggantija Temples, the Cittadella, Historic Houses, and inland sea.
4. Birgu, Senglea Gardjola, Maritime Museum, Fort St. Angelo, and glacial Ghar Dalam Cave.

Take a journey through time and tradition, as you immerse yourself in the riches of Malta's forefathers with NSTS.





# ENGLISH COURSE *INFORMATION*

<b>COURSE STARTING DAYS</b>	CEFR levels A2 to C1: every Monday morning, unless otherwise stated; CEFR level A1: individual tuition only, every Monday morning;
<b>SCHOOL ADDRESS</b>	NSTS MALTA -ENGLISH LANGUAGE INSTITUTE 12 Taliana Lane, Gzira GZR 1723, Malta
<b>SCHOOL LOCATION</b>	A quiet neighbourhood of Sliema in walking distance to the commercial centre, harbour waterfront, fashion designer shops, low-cost street eateries, restaurants, open-air cafes, rocky beaches, sunny seafront
<b>DURATION OF ONE LESSON</b>	45 minutes
<b>DAILY LESSON TIMES</b>	<b>Mondays-Fridays</b> <i>Adults</i>   08:45-10:15; 10:45-12:15; 12:45-14:15 <i>Juniors</i>   09:00-10:30; 11:00-12:30 or 13:45-15:15; 15:45-17:15
<b>TARGET LEARNER AGE</b>	Adults from 17 years, Juniors in separate courses from 13 to 17 years
<b>COMMON EUROPEAN FRAMEWORK REFERENCE (CEFR) OF THE COUNCIL OF EUROPE</b>	A1 - BEGINNER: basic ability to ask and answer simple questions A2 - ELEMENTARY: can employ commonly used familiar expressions B1 - THRESHOLD: can converse on everyday common subjects B2 - VANTAGE: can confidently and naturally interact with native speakers C1 - ADVANCED: can use language flexibly and effectively in all situations C2 - PROFICIENCY: can accurately participate in highly complex situations
<b>LEARNERS IN GROUP LESSONS</b>	Adults average 6, to 10; Juniors average 12 to 15;
<b>QUALITY ASSURANCE</b>	Founded in 1963 at the University of Malta as the first English language school in Malta. National accreditation: FELTOM, Ministry for Education ELT Council. International accreditation: EAQUALS. University of Cambridge ESOL Mediterranean teacher training centre, WYSE-TC
<b>CERTIFICATION</b>	Certificate of attendance, subject to 80% minimum presence, and of merit Graded by continuous performance assessment at CEFR class tuition level
<b>PUBLIC HOLIDAYS</b>	01 January, 10 February, 19 March, 31 March, Good Friday, 01 May, 07 June, 29 June, 15 August, 08 September, 21 September, 8 December, 13 December, 25 December, 26 December. Missed lesson will be made up for except for missed group lessons on 29 June or 15 Aug.
<b>SCHOOL FACILITIES</b>	Boutique classical Maltese town house with 18 classrooms, warm friendly ambiance, airy, brightly lit colourful classrooms, extensive environment-friendly terraces, orange grove, open-air lounge and outdoor cafeteria, free Wi-Fi, internet café, lending library, resource centre, interactive whiteboards, air-conditioning/heating, reception, student relations and support service, optional workshops and leisure activities

# ***NSTS STUDY ABROAD CALLING***





NSTS is proud to have launched the Study Abroad programme in Malta, aligning with the European Union's mobility policy shortly after Malta joined the EU twenty years ago.

In the rapidly expanding field of international education, which has more than tripled in the post-COVID era to over six million students worldwide, Malta stands out as an ideal destination.

Malta offers you the British system of education with a Mediterranean flair of a pleasant, mild, sunny winter climate characterised by safety and a friendly cosmopolitan population.

As a small and welcoming country, Malta serves as the perfect setting for students to discover more about themselves, learn the value of independent living, and make autonomous decisions— all essential elements for adulthood during a Gap Year or Semester.

On NSTS's part, we support you on every step of this journey by providing Guardianship support, and airport transfers.

Take up an international study experience and stand out in any selection process.

## UNIVERSITY PATHWAY

At NSTS, we offer a comprehensive University Pathway Programme aimed at students aged 16 and over who aspire to develop academically and build essential soft skills for a globalised world.

This programme combines intensive English language studies with foundation courses in Business Management, Economics, Mathematics, and ICT. These prepare you for International Advanced and Advanced-Subsidiary level eligibility qualifications for university admissions worldwide.

The full programme spans 2 academic years, but you can opt for a shorter intercultural Gap experience by spending just a term, semester, or year.

Additionally, you may align your starting dates to your usual Northern or Southern Hemisphere calendar, even though you'd be studying in Europe's Northern Hemisphere zone.

In the first semester, 15 hours per week are dedicated to elevating your English from CEFR level A2 to B2+, aiming for a minimum score of 6.0 on the IELTS exam.

At the same time, you will be gently introduced to your other four business-related subjects for around 6 hours a week, which will increase to 12 hours per week in the

second semester as English lessons are reduced. This accelerates during the second year to prepare you for the International Advanced Level (IAL) exams.

Moreover, time is dedicated to fostering essential life skills, employability, organisational abilities, as well as preparing to become responsible and active members of the global society through experiential and autonomous learning. This fusion provides you with the triple achievement of studying business related subjects at pre-university level, preparing your life skills for adulthood, and actively qualifying yourself in English proficiency.

You will be welcomed by ongoing Guardianship support and care, starting with a three-day arrival cultural orientation seminar. This is followed by extracurricular activities, engaging debates, friendly reunions, opportunities for sports, fun and entertainment, all in mutually respectful cooperation.

Your boarding accommodation is shared with your peers in twin rooms, or in a single room, with private facilities, Wi-Fi, environmentally regulated heating/air-conditioning, various amenities, and three meals a day.





## SECONDARY/ HIGH SCHOOL & SENIOR HIGH SCHOOL

Our Secondary/High School & Senior High School Exchange Programmes are perfect for students aged 13 to 18 who wish to immerse themselves in the local education system and culture, sharing classes and activities with Maltese peers.

The last two years of schooling in the British System of Education are grades 12 and 13 for students from the age of 16 years. To join, students must select five subjects from a provided categorised list, two to be studied at Advanced level and three at Advanced Subsidiary level, together with the mandatory Systems of Knowledge.

Should you be 13 to 15 years of age, you will join the regular secondary/high school classes with Maltese peers in grades 9, 10, or 11. The curriculum includes English, a second European language, mathematics, humanities, sciences, physical education and social education.

Upon applying, you will be invited to introduce yourself virtually and discuss your motivations in English. This helps us assess your language skills and ensures placement in the appropriate school and homestay environment.

Plus, you will have the opportunity to join your new classmates on optional extra-curricular activities. You will also receive ongoing NSTS Guardianship support, which includes a three-day arrival orientation, regular coordination meetings, organised gatherings, and outings.

As you carry out your studies, you will live in a shared room on full board at a friendly host family, including a packed lunch. Your stay also includes school tuition; While uniforms, books, and daily school transfers are not included, your Guardian will assist in arranging these.

Experience life in Malta, enhance your English skills, and make lifelong connections along the way.

***NSTS***  
**INTERNSHIP AND**  
**VOLUNTEERING**  
***CALLING***





Enhance your career prospects and intercultural understanding with NSTS's Internship and Volunteer programmes. These opportunities provide practical experience in an English-speaking environment, allowing you to improve your language skills while doing something meaningful.

Nowadays, practical hands-on learning in another country is strongly promoted to complement formal school education, increase international understanding, and to ease cross border cooperation.

Whether you choose to intern in commercial establishments and public institutions or volunteer with non-governmental organisations focused on societal wellbeing, you'll gain valuable skills and insights.

As an intern, you'll contribute to the daily operation and success of the enterprise. As a volunteer, your efforts will not only support the host organisation but also make a significant impact in the target community by addressing its needs.

Accommodation varies from modern self-catering studio rooms at NSTS Student Residences\*\* to sharing apartments for adult Interns and Volunteers\*\*.

The programme includes airport transfers, a warm welcome, and first-day placement transfers, ongoing Mentoring by the NSTS Team to ensure a smooth transition into your internship or volunteering experience.

**\*\* Refer to page 24 for Accommodation Information**

## ADULT

# INTERNSHIPS



NSTS's Internship programme gives you the opportunity to apply your academic or vocational studies in a practical, culturally diverse environment. Our tailored internships provide you with on-the-job training in a variety of sectors, enhancing your skills and career prospects.

Interns engage themselves full-time under the guidance of an experienced Mentor, setting personalised training programs aligned with their career goals. This partnership focuses on clear objectives and achievements, leading to a certificate recognising the intern's accomplishments.

Internships are open to vocational or university students aged 17 and older, as well as graduates, who should all have a minimum CEFR B1 level of English. If your English proficiency is considered unsatisfactory at an online interview, a minimum 2-week preparatory English course is required.

After submitting your application, including your CV and motivation letter, an NSTS Monitor will discuss your goals and placement options during the online interview to ensure a suitable match.







## **ADULT** **VOLUNTEERING**

If you are passionate about contributing to society and want to gain invaluable experience, NSTS offers diverse volunteering opportunities that allow you to make a meaningful impact. This programme is ideal for those aged 16 and above, with at least a CEFR A2 level of English, who are motivated to improve their language skills while volunteering.

The Volunteering programme allows you to engage in projects dedicated to causes that align with your interests and skills, such as animal care in shelters, environmental conservation, cultural heritage preservation, social inclusion, or supporting disadvantaged groups.

Before your arrival, you will have a virtual meeting with your NSTS Monitor to discuss the best placement option. You will also be guided by a dedicated Mentor who will help tailor your volunteering outcomes to match your CV and motivation letter.

Upon arrival, your NSTS Monitor will provide an arrival orientation briefing, introduce you to your Mentor, as well as offer continual support throughout your stay, ensuring a fulfilling and enriching experience.

In all, your volunteering assignment will maximise the impact and benefits of your experience.



**ACCOMMODATION**  
**NSTS STUDENT**  
**RESIDENCE *CALLING***



At NSTS, we recognise the international call from students that accommodation ambience plays a vital role in having a successful educational stay.

With years of experience and ongoing research into student lifestyles, we offer ideal accommodation solutions for adult and junior students embarking on international education programmes. Our residences provide budget-friendly, high-quality accommodation options that prioritise your safety and comfort. What's more, they are located in convenient areas and cater to your needs for both communal living and personal privacy.

In addition, you may reserve a private airport transfer to/from your booked accommodation upon your arrival/departure.

## NSTS 60 STUDENT RESIDENCE

Introducing NSTS 60, our stunning new purpose-built student accommodation (PBSA) residence in Sliema, just steps away from beautiful rocky and sun-filled beaches, equipped with a newly installed keep-fit public gym, a large relaxing waterfront garden and a kilometres long promenade ideal for early morning jogging or a day-time stroll. Having been built with environmentally friendly considerations, NSTS 60 reflects our dedication to eco-conscious design and sustainability.

Immerse yourself in Malta's most vibrant and popular cosmopolitan area, with a variety of restaurants, low-cost eateries, bars, entertainment hubs and shops within a few minutes' walk away, and with excellent transport links at your doorstep.

Experience luxury living with top-notch amenities including a large modern and attractive co-living and co-working comfortable lounge, a cafeteria with wide broadband Wi-Fi, a cosy relaxation and TV area, a state-of-the-art gym, a rooftop swimming pool with a sun deck, and a supplementary communal kitchen and barbecue grill available to any group of residents who want to cook and have some fun over a meal together.

For your greater comfort you will find secluded mini-lounges on each floor to share a quiet word with your studio-room neighbours on the same floor. Plus, a large silent study room on the top floor with pleasant far-reaching sea views to serve as a break from studying in the solitude of your own studio-room.

State-of-the-art technology is installed throughout NSTS 60 Student Residence for everybody's ease of communication, booking, check-in, and navigation throughout the Residence's amenities, which include reception, personal laundry facilities, snack-food and beverage dispensers.

On a personal individual level, you will retreat to one of the modern minimalistic but attractively designed studio-rooms always keeping your comfort in mind. Each is equipped with a single bed for individual occupancy, as well as with an originally created duplex-form sofa-bunkbeds to increase the occupancy to two or three sharing and benefit from reduced rental charges.

In addition to a comfortable sofa, convertible into the second bed, the stylish interiors of each studio-room feature a tall wardrobe with a safe deposit box for

each occupant, a study desk with shelving for books, other shelving as well as a dining table and a custom-made self-contained lockable kitchen cabinet with all facilities for preparing one's own meals in private.

Moreover, each studio-room sports its ensuite shower-room with an original two-sided mirror door, good Wi-Fi, environmentally regulated air-conditioning, central heating with sustainable insulation, soundproofing walls, and contactless electronic security door locks.

These studio-rooms are converted into bedrooms for teenage occupants by securing closed the kitchen cabinet for safety purposes, while daily meals are provided in the ground floor cafeteria.

NSTS 60 Residence also caters specifically for families of up to six persons by providing several clusters made up of a studio-room and an independent bedroom for juniors accessed by a common private lobby.

Enjoy a hassle-free stay where every detail has been thoughtfully curated to provide you with the ultimate living experience.

Welcome to your new home in the heart of Sliema!





# NSTS CAMPUS RESIDENCE

Located in University Street, Msida, just opposite the University of Malta, the NSTS Campus Residence is currently our most optimal accommodation option for students under 35 years of age and for the young at heart. It is within a 10-minute walk to the NSTS English Language Institute, well-connected to transport stations, and close to many areas of entertainment.

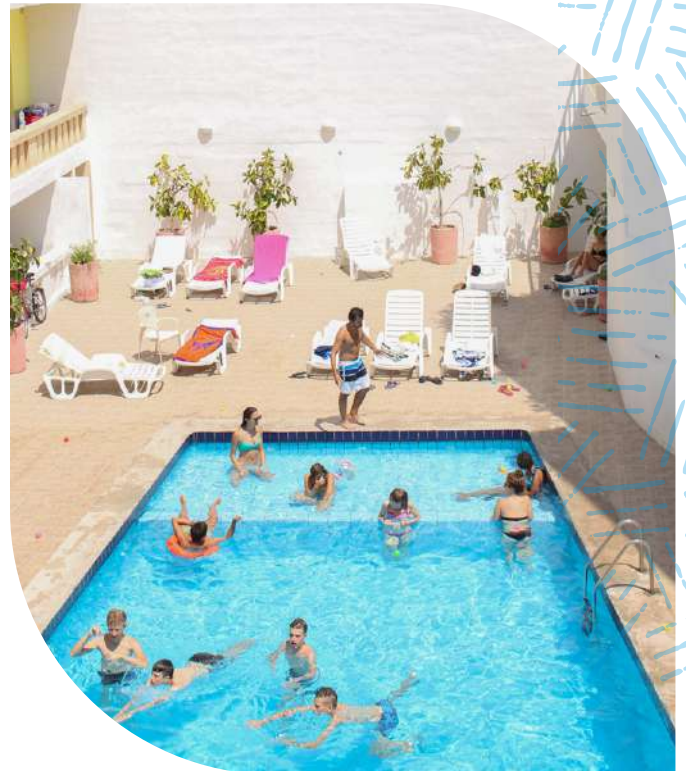
For adult students, the residence offers studio-rooms for single or twin occupancy on stays of long duration, as well as for triple occupancy on short stays.

Each studio-room comprises an ensuite shower, a complete kitchenette, a clothes cupboard, long-term storage space, a desk, and an open-air shared balcony.

Alternatively, for stays of short duration you can opt for the smaller single or twin-bedded rooms with private external shower facilities, wardrobe, a window overlooking an internal space and share the small communal kitchen.

NSTS Campus Residence has an entire wing dedicated to housing teenage students in 4 and 5 bedded rooms in duplex formation, with private, mostly ensuite, shower facilities, an electronic clothes-locking cupboard, and storage spaces. Most of these rooms have an open-air shared balcony.

All studio-rooms and rooms are equipped with strong Wi-Fi, environmentally regulated air-conditioning and/or heating, and an electronic security lock.



While each student is responsible to keep their studio-room or room clean and tidy, housekeeping renders to adults in studio-rooms and rooms a once weekly service and change of the provided bedlinen, towel and tea cloths. To juniors, housekeeping renders a second light cleaning room service and towel change during the week.

Other than private studio-rooms and bedrooms, NSTS Campus Residence is enhanced by communal co-living spaces where you can meet and make friends. If you find yourself craving some friendly company, head over to one of the many enjoyable common areas, such as the Raffiki TV lounge, swimming pool and sun deck games room, multipurpose room, reception, lobby and the cafeteria.

We also have coin operated food dispensers and washing machines that guests can help themselves to. Should one run into any issues, our reception is open and operative 24/7, as is our security service with CCTV cameras.



## HOMESTAY / HOST FAMILY

The Homestay/Host Family accommodation arrangement is a highly immersive cultural experience, as it exposes you to Maltese family life, cuisine, and customs first-hand. In this arrangement, students live with a hospitable host family, carefully selected to provide a welcoming environment.

Additionally, students reside in single or shared rooms on a half-board basis, including breakfast and dinner, as well as engage in daily family activities while practising English.

If you have any dietary restrictions or allergies, please disclose these during your application to ensure proper arrangements are made. A supplementary charge may apply.

Host families are generally located within walking distance of the NSTS-English Language Institute. However, you may need to use public transportation to reach the institute.

It's recommended to book your arrival transfer from the airport for better coordination, with the option to also book a departure transfer.



## HOTEL

For those who prefer more privacy and comfort, NSTS can arrange accommodations in local 3-star or 4-star hotels, or charming boutique hotels. Enjoy well-appointed rooms on a bed and breakfast basis, offering a peaceful and restful environment. Let us know your preferences, and we will provide a tailored quote to meet your accommodation needs.

## APARTMENT

If you are travelling as a family or group of friends and you wish to live together but independently, apartments are an excellent choice. Malta offers a wide range of holiday apartments that can be booked directly online or through NSTS.

Apartments vary in size and amenities, providing flexibility to suit different group sizes and preferences. In cases where NSTS Student Residences are fully booked, we may recommend an apartment as an alternative.

# TERMS AND CONDITIONS



By submitting your application, you bind yourself to these terms and conditions.

1. **Applications:** Completed applications in English will be received via e-mail on [reservations@NSTS.org](mailto:reservations@NSTS.org) or online on [www.NSTSmalta.org](http://www.NSTSmalta.org) at the latest:
  - i. *English Language Learning:* 4 weeks before the selected arrival date if part of a group or arriving between 14 June and 30 August, or 2 weeks if an individual arriving outside this period;
  - ii. *Study Abroad:* 21 weeks (5 months) before the selected arrival date, including including CV, motivation letter, and virtual contact address for online introductory meeting. Registration follows the outcome of the meeting;
  - iii. *Internship:* 10 weeks before the selected arrival date, including CV, motivation letter, and virtual contact address for online introductory meeting;
2. **Application documentation:** Applications on the prescribed form must: (i) give the applicant's name, surname, gender, date of birth, nationality, passport number and expiry date, special needs, and allergies, (ii) be accompanied by a passport size colour photograph, or one pays €15 to be photographed on arrival in Malta, and (iii) explicitly state the selected educational programme, and if applicable, accommodation reference and number displayed on the pricelist.

Groups must complete the Group Essential Information Form obtained from [reservations@NSTS.org](mailto:reservations@NSTS.org).

*Study Abroad* applicants must include €60 for the online introductory meeting which forms part of the application process before registering may be accepted on the programme.

*Internship* applicants must sign and abide by the applicable conditions of acceptance available online prior to being accepted.
3. **Confirmation and Payment:** Provisional confirmation together with a pro-forma invoice are sent immediately upon the receipt of the complete, correct, application documentation. Full payment must follow by bank transfer direct to APS Bank p.l.c. Malta, IBAN MT74 APSB 7717 2000 6515 10 6515 400 10 NSTS to be received by the requested date well before arrival, but at the latest:
  - i. *English Language Learning:* 3 weeks before the selected arrival date if part of a group or arriving between 14 June and 30 August, or 2weeks if an individual arriving outside this period;
  - ii. *Study Abroad:* 6 weeks before the selected arrival date;
  - iii. *Internship:* 4 weeks before the selected arrival date;

Adults, 18 years and older, booking accommodation must pay the environmental tax of up to €5.00 which is added to the pro-forma invoice.
4. **Validation of applications:** Provisionally confirmed applications are only validated and have effect upon the receipt of the full payment before the due date, failing which they are automatically cancelled without liability to NSTS Malta.
5. **Changes:** made to a processed application are subject to a fee of:
  - i. €50 if received from 15 to 6 days inclusive before the arrival date;
  - ii. €250 if received 5 days or less before the arrival date.
6. **Cancellations and curtailments:** made to a processed application are subject to a fee of:
  - i. €250 if received from 15 to 6 days inclusive of the arrival date.
  - ii. Full payment with no refund if received 5 days or less before the arrival date, or if a 'no show', or if any part or all the services are not utilised.
7. **Delivery:** Fees include all that specified and incorporated in the applied for service as described in the brochure document and website, and NSTS Malta is not liable for that not contained therein. NSTS Malta reserves the right to alter any service, description, and fee without prior notice and to provide substitute services of at least comparable standard and contents to those definitively confirmed.
8. **Acceptance of Minors:** Applicants under 18 years of age are legally deemed to be minors and require their Parent/Guardian consent form and surety deposit. Applications must be, and are therefore deemed to be, endorsed by the applicant's parent/legal guardian who simultaneously retains full responsibility for their protégé's acts and/or omissions throughout the latter's confirmed stay in Malta, exonerating NSTS Malta from all faults, legal liability, and damages. Applications through agents are deemed to be equally endorsed by virtue of the agent's own transmission of the application.
9. **Conduct of Minors:** The conduct of a confirmed minor applicant is governed by a Student Charter that is available upon request. Among other conditions the Charter governs good behaviour, applied discipline and prohibitions, unaccompanied outings, evening return times, damages, misdeeds, and the payment of an appropriate, conditionally refundable surety deposit upon arrival at check-in if accommodated at an NSTS Malta collective residence or hotel.
10. **Code of Conduct:** Applicants implicitly accept that NSTS Malta may, without being liable in any manner whatsoever, exclude them from a service applied for or being consumed, and demand their repatriation at their charge, if, in the opinion of Management, their behaviour is of disturbance to others or they appear likely to endanger or impair the health, safety, or comfort of other persons using the concurrent services, or the reputation of NSTS Malta by their acts or omissions.
11. **Public Holidays:** All educational programmes will not be available on the following public holidays: 01 January, 10 February, 19 March, 31 March, Good Friday, 01 May, 07 June, 29 June, 15 August, 08 September, 21 September, 8 December, 13 December, 25 December, 26 December and no refund will be given. Missed English lessons will be made up for during other days of the week except for group lessons falling on 29 June and 15 August.
12. **Visa:** The applicant is solely responsible to provide on demand a valid identity document, passport, and entry visa and, if staying for more than 90 days and has not obtained for the applied residence visa, to extend the authorisation to remain in Malta by applying, within 2 weeks of arrival to Identity Malta, for a national visa or temporary residence permit to cover the entire duration of the confirmed educational programme for up to one year.
13. **Data Protection:** By applying, the applicant consents and authorises NSTS Malta to process any personal data in accordance with the General Data Protection Regulation (GDPR) of the European Union and to transfer/disclose such data within NSTS Malta and to suppliers as deemed necessary for the provision of the services applied for, and for the purposes associated thereto.
14. **Imaging:** The applicant consents to being photographed, filmed, videoed, sound recorded, sketched, to have testimonials and comments, for use, and used, for promotional purposes, and to receive marketing materials from NSTS Malta, while having the opportunity to opt out from this consent by request in writing or electronically according to GDPR.
15. **Obligations:** The promotional description documents and all commercial relations arising therefrom are deemed to be executed through the brand NSTS Malta of company registration C4425 of 220 St Paul Street, Valletta, VLT1217, Malta.

