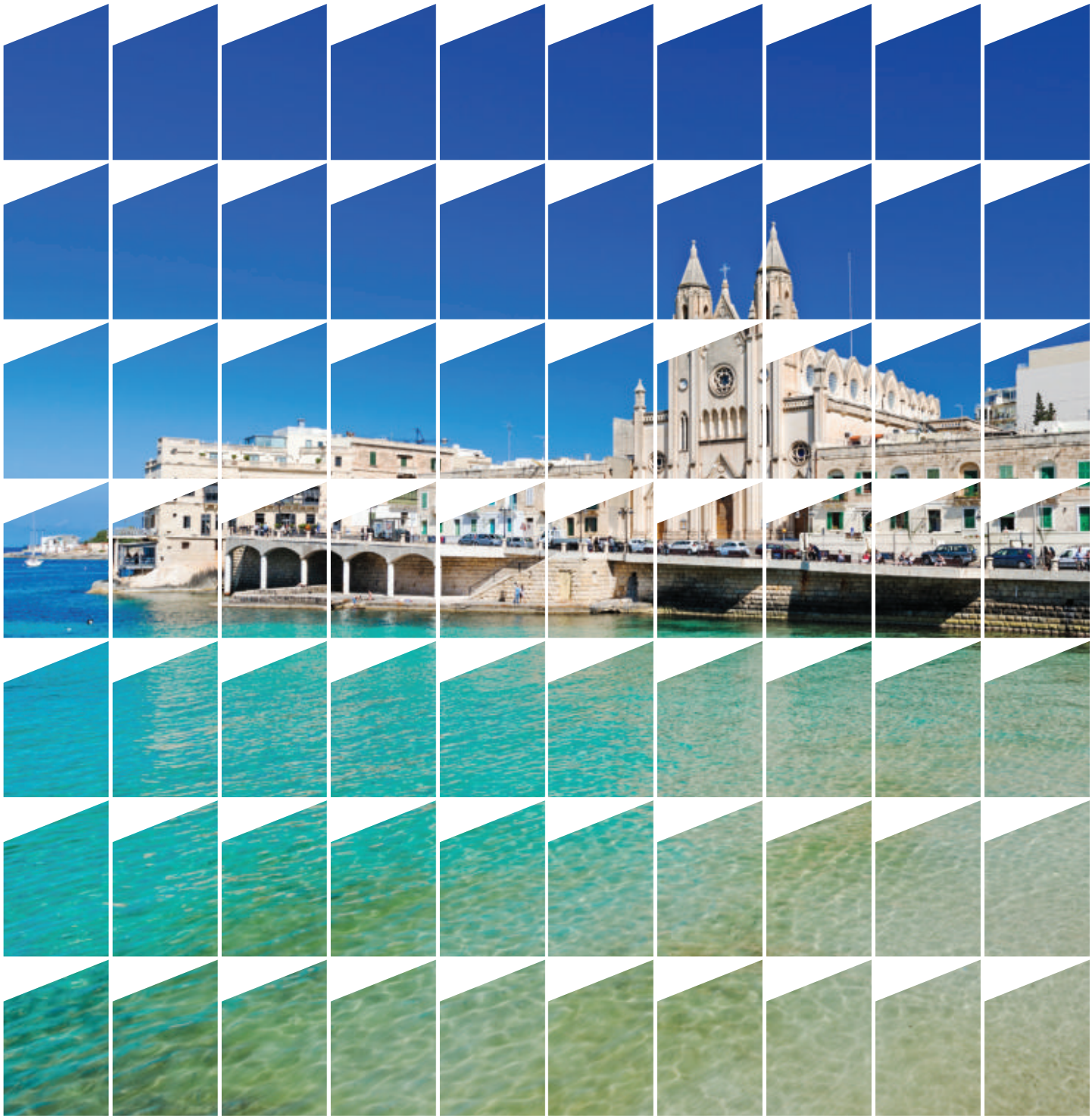
NSTS Malta

English education and career development experiences

PROSPECTUS 2018



Welcome to NSTS

Contents

WHO WE ARE 04

Mission Statement

Malta

NSTS

Corporate Social Responsibility

INTERNATIONAL CAREER DEVELOPMENT 07

IE Internship and English
TW Traineeship Work Experience
SM Staff Mobility

STUDY ABROAD 11

UC University Vocational Degrees, Diplomas
HS High School
SH Senior High School
IB International Baccalaureate

ENGLISH LANGUAGE LEARNING 15

NSTS' greatest asset

USEFUL INFORMATION 17

ADULTS
GENERAL ENGLISH 18

GE Intensive General English
EE Cambridge, IELTS International Exams
FE For All The Family
ME Mediterranean English Celebration

ADULTS
PROFESSIONAL ENGLISH 20

PE Professional English
BE Business English
AE One on One
CE Cambridge Teacher Training CELTA
LE Language Awareness Teacher Training

JUNIORS
ENGLISH & ACTIVITIES 22

KE Kids English Camp
TE Teens English Adventure Holiday
TS Teens Summer Adventure Holiday

JUNIORS
SCHOOL GROUPS 24

SE English, Culture, Fun
JE English For My First Job
FJ My First Job Experience
II Intercultural Immersion
ST Sports Training Camp

SUPPORT SERVICES 27

ACCOMMODATION

- NSTS Student Residences
  - Hibernia (Adults)
  - Campus (Adults & Juniors)
- Host Families
- Hotels, Apartments

ACTIVITIES

AIRPORT TRANSFERS

HELPFUL INFORMATION

TERMS AND CONDITIONS 31

Explore your potential

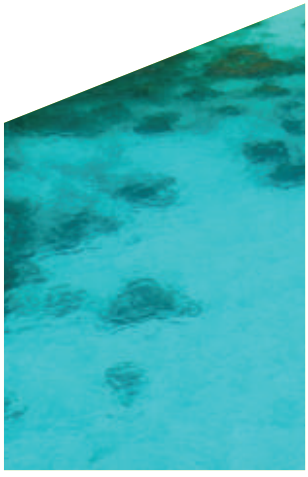
NSTS gives you the opportunity to explore your potential. We are committed to your individual journey of international exploration, learning experiences, career development and personal success.

We are friendly, caring and passionate. We support you to achieve your personal, academic and career goals. Our aim is to provide you with a holistic experience and meaningful engagement through learning and training opportunities, our international community and the beautiful and unique setting of Malta.

Malta

There is hardly a nicer place where to achieve your learning potential.

Surrounded by turquoise blue water, bright sunshine and a cultural and historical heritage, Malta has so much to offer. The warm, Mediterranean climate with over 300 days of sunshine is ideal for a relaxing beach holiday from late March to November, whilst prehistoric temples, medieval towns and a unique landscaped countryside make Malta an attractive cultural destination in the mild winter months.



Here at NSTS, it's all about you

Here at NSTS, it's all about you! You are unique and will be recognised for your individual abilities. Be part of an international community in a friendly, family atmosphere. We are committed to making this an outstanding experience for you.

Teaching English is NSTS' greatest asset. You will excel in English at Malta's first English language school. With more than 50 years of unparalleled professional experience, our high standards, commitment to delivering quality English programmes and services projected the entire English teaching sector in Malta into world-wide recognition.

From here we expanded into General Education High School, International Baccalaureate, Vocational Degree and Diploma intercultural learning. We also offer Internships and Work Experiences to provide you with all possible potential opportunities for your personal career development.

Corporate Social Responsibility

In the early fifties, students of the University of Malta took the initiative to join their counterparts in Europe to found a movement to promote peace. They set up structures for cross border intercultural understanding and cooperation by giving Maltese students the opportunity to travel abroad and receive foreign students on educational and cultural exchanges.

This value is the ethos of NSTS until this very day. These guiding beliefs are now manifest in a philanthropic non-profit Foundation that actively encourages student development through numerous non-formal education programmes. The Foundation also funds the restoration of priceless antique works of art that form part of the local cultural heritage.

As a learner, your participation directly contributes towards NSTS' Corporate Social Responsibility in fulfilment of its philanthropic deeds towards the community.

International Career Development

Internships and English are NSTS' formidable platform

NSTS is in line with the ethos of the European Union and Erasmus+ Programme in strengthening different sectors of society by empowering people to enhance their skills through intercultural training and internship placements.

We help you gain invaluable, voluntary work experience under the supervision of a dedicated mentor. We will monitor you, support you with a formal English language skills learning process, and provide you with leisure activities in your free time.

NSTS offers internship placements in the following career paths:

- Accounting and Finance
- Administration
- Aeronautic
- Agriculture
- Architecture
- Biology
- Chemistry
- Childcare
- Education
- Energy
- Hospitality
- Insurance
- IT
- Legal Services
- Marketing and Sales
- Manufacturing
- Media
- Telecommunications

Your professional or career motivations are central to us to match you to your internship, work placement or paid work experience if you are an EU/EEA citizen. Just send us your Curriculum Vitae (CV).

Internship Basic Core Services

The dedicated NSTS Career Development programme includes the following basic core services for your non-paid internship placement. Paid placements may offer accommodation and/or meals instead of money.

Application: your CV, skype interview to assess your motivation and English knowledge
Placement: made available to you according to your career objectives, where possible
English: minimum 2 weeks, 30 lessons Intensive General English, more weeks if needed
Registration: selection, placement, introduction, ongoing monitoring, final certification
Airport Transfers: meet and greet on arrival, private transfer to accommodation and return
Town Orientation Walk: Welcome introduction, friendly activity and town familiarisation
Evening Do: one evening dedicated to a Welcome or Farewell activity among new friends
Assistance: 24/7 on-call, emergency assistance, optional cultural, entertainment activities
Transport: to host organisation for placement introduction on first day
Non-EU/EEA nationals: additional English lessons given during weekly monitoring sessions

Accommodation
Also your choice of accommodation at NSTS Student Residencies with breakfast *from page 27*

IE Internship and English

Give your graduate studies and professional career a head start by acquiring international and English skills in your particular field of studies. As an intern you will apply your academic knowledge and gain relevant international work experience in a quality, practical, mentored and monitored English speaking internship and language course.

You will possess a minimum B1 level of English and ideally come for at least three months, but a longer stay is to your greater advantage.

Moreover, if eligible, you may obtain funding through the European Union's Erasmus+ scheme for up to 12 months or more. It's best to inform yourself and apply at your own country's EU office.

TW Traineeship Work Experience

Your vocational studies or high school qualifications open up good work experience opportunities where you can practise your English whilst enjoying a Mediterranean holiday. Popular full-time or part-time options include hospitality, retail, administrative and hands-on work. You will have a minimum A2 level of English and additionally may have to follow the 2 or more week English course.

Find out about the possibilities of a Learning Agreement and Quality Commitment that formally recognises your traineeship to receive Erasmus+ funding for your stay of up to 12 months. Alternatively, EU and EEA nationals may benefit from financial support in the form of free accommodation, possible meals or a financial package depending upon the placement and work performed.

SM Staff Mobility

Improve your English, help yourself achieve lifelong career mobility within an intercultural context of another country. NSTS provides you with the local arrangements to undertake training in teaching, job shadowing, professional development, visits to public entities, private companies, NGOs competence-building events and more.

We also provide opportunities for teaching assignments at all levels, for non-teaching staff working in education and for individuals in business, public bodies or non-governmental organisations to share their knowledge of their given sector and to exchange good practices.

Join this programme and ask about possible EU Erasmus+ funds for such initiatives for stays of up to 2 months. You will possess a minimum B1 level of English and additionally may have to follow the 2 or more week English course.

EJ English For My First Job

Vocational practice is today synonymous with academic learning.

NSTS offers the young senior high school and vocational school learner the right combination of an alternating daily classroom study period with a vocational work period. The project is described in the Junior English section of this catalogue on page 25.

A full time work placement alternative for school groups is also available.

Study Abroad

Undergraduate studies and International Education round off NSTS' portfolio

Orientation Workshop

When you join any of our Study Abroad programmes you receive a three-day group residential pre-course orientation workshop that will help you transition into your new environment. You will benefit from the NSTS structure, resources, care and full support, which include additional lessons you may need in English. On application you will undergo a Skype interview to assess that your minimum knowledge of English is at level B1+.

HS High School

A high school year abroad is an exciting, programme designed to immerse you fully into a new culture. The education system in Malta is based on the British model with English as an official language of tuition.

In this programme, you'll enrol for one trimester, two trimesters, or a full scholastic year in a local high school, live at a homely and caring host family, and receive care and support from NSTS.

SH Senior High School

If you're between 16 and 18 years of age you may finish your studies internationally at a British style Sixth Form or College in Malta for one trimester, two trimesters, or a full scholastic year and share life with a hospitable host family.

If you wish to sit for 'A' level exams to enter universities in English speaking countries, then you must plan to stay for two years.

You will be guided to study from an available selection from English and other European languages, Mathematics and the Sciences, Humanities and the Arts, Social Sciences, Economics or Accountancy and to participate in exciting extracurricular activities and sports.

"I have had the time of my life in Malta. I was a bit nervous before I left Germany but my English improved very quickly and I never felt lonely. My high school was really nice and I've made so many new friends! I can't wait to come back and visit them again."

LARA STAHNKE
GERMANY

IB International Baccalaureate

The International Baccalaureate (IB) Diploma is your international high school diploma to attain a globally recognized study qualification that provides access to universities all over the world.

During this two-year course, you will choose from the following subject groups: language and literature, language acquisition, individuals and societies, sciences, mathematics, the arts as well as the Creativity, Action and Service (CAS) module. You may also join classes for one trimester, two trimesters or a full scholastic year.

You will live-in at the IB College with your peers and participate in sports and extracurricular activities or you may opt to live out at a host family.

UC University Vocational Degrees, Diploma, Certificate

Finish your education abroad in an English speaking country at international higher education institutions in Malta.

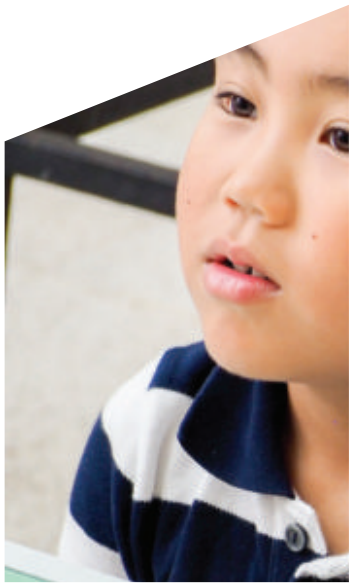
Our three-year undergraduate Bachelor (Honours) courses, at European Qualifications Framework (EQF) level 6, combine theory with practice and include **Business Enterprise, Financial Services Management, Software Development and Design Software Development**.

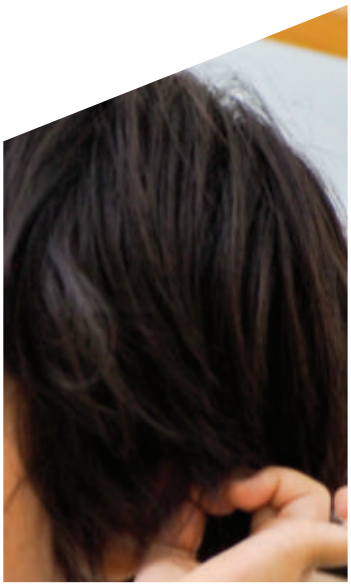
To join you need to successfully complete 13 years of schooling and present certificates of achievement in at least 4 subjects that include good passes in the subjects of the degree you choose. You also need an internationally recognised high score qualification in English language of minimum level B2.

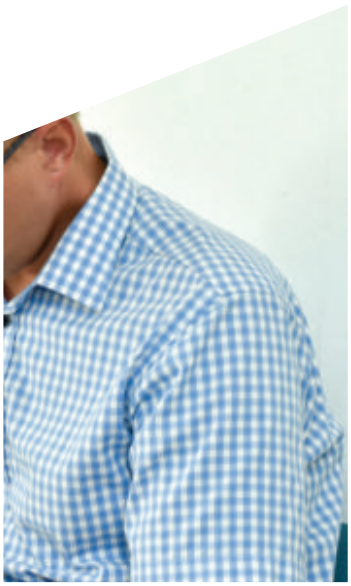
Certificate/Diploma and Internship in Accounting
If you seek a one-year shorter course in Financial Services Management, then follow the part-time Foundation Certificate of the Association of Accounting Technicians (AAT) of the UK and practice your accounts on internship. You may progress to the Advanced Diploma of AAT-UK, in a second year on a part-time basis while you continue with your internship. Live at an NSTS Student Residence, in a private studio-room or at a host family.

GUESS
English Unlimited

English Language Learning







Teaching English is NSTS' greatest asset

- Innovators of the Malta English experience
- One of the few privileged English language schools in Malta to be accredited to EAQUALS
- Recognised by Cambridge ESOL as Malta's first CELTA Teacher Training and English language assessment institution
- Member of the World Youth, Student and Educational Travel Confederation
- Founding member of FELTOM (Federation of English Language Teaching Organizations of Malta)
- Founding member of ALTO (Association of Language Travel Operators)
- Ratified by the English Language Teaching Council of the Malta Ministry for Education

At NSTS you will enjoy receiving your lessons in a large, bright and colourful Maltese town house, surrounded by a beautiful garden, a citrus orchard and open-air terraces with comfortable seating for relaxation and private study. The school includes a student relations and reception desk, resource centre, library, interactive white boards, café, air-conditioning and central heating. The entire area is fully equipped with free Wi-Fi.

Expect a warm welcome from our teachers and international staff at Malta's first boutique English language school. We provide you with 24/7 care and support within a relaxed and safe environment. Our excellent teachers not only possess years of experience, but are CELTA certified and hold a DELTA diploma or an undergraduate or Master's degree in English beyond the standard national qualifications.

Your linguistic needs, interests and aims are most central to us. We plan the content of your course according to an ongoing needs analysis and in line with your active participation in the process of acquiring additional language skills. We aim to promote learner independence.

You are awarded a Certificate of Merit and Attendance upon successful completion of your course at your level of English according to the Common European Framework Reference (CEFR) for languages of the Council of Europe.

Useful information

- Duration of one lesson: 45 minutes
- Course days: Monday to Friday except on public holidays
- Adult lesson times: 8:45 to 12:15/14:45 or 12:45 to 16:15/18:15
- Group placement test: written and oral on the first day of lessons
- Council of Europe Common European Framework Reference (CEFR) for languages:

A1	beginner, breakthrough, help needed
A2	elementary, simple, routine communication
B1	lower intermediate, understands main points of familiar matters
B1+	intermediate, produces connected texts on familiar matters
B2	upper intermediate, produces detailed texts on many matters
C1	advanced, produces well-structured detailed texts on complex matters
C2	proficiency, produces fluent, precise differential shades of meaning on most complex matters

General English

GE

Intensive General English

Acquire an all-round knowledge of English when you follow our most popular course. You maximize your progress, improve your ability to communicate effectively and gain confidence in using the English language.

Courses of 1 - 52 weeks' duration.

- Small groups of maximum 8, average only 5-6, students
- More individual teacher attention at no additional charge
- Course of 20, 25, 30 lessons spread over 5 days per week
- Starts every Monday morning of the year at all levels of English from A2 to C1
- A1 classes start every first Monday of the month
- Certificate of Attendance and Merit is awarded
- May be combined with Business English, Professional English or One-on-One lessons even at the school

EE

International Exams

Cambridge English (FCE, CAE, CPE) and IELTS

Your pathway to an English teaching University anywhere in the world and to your career progression is a good international qualification in English language from Cambridge or IELTS.

Courses of 4, 8, 12 weeks' duration.

- Course of 20 or 30 lessons per week in Intensive General English and Examination Techniques of how to best answer past examination questions
- Sit for Cambridge FCE, CAE, CPE examination according to your level of English, or for IELTS which awards you a grade in line with your performance and level
- At B2 level you may follow the accelerated 4-week course of 30 lessons with 20 lessons of Examination Techniques, 10 of Intensive General English
- At B1 level your minimum course duration is of 8 weeks with 10 lessons of Examination Techniques and another 10 or 20 lessons of Intensive General English
- At A2 level, you follow the 12-week course of 20 or 30 lessons starting with 4 weeks of Intensive General English before joining the 8-week course with 10 lessons of Examination Techniques and another 10 or 20 lessons of Intensive General English
- Certificate of Attendance and Merit is also awarded
- The examination and starting dates appear on the price list

FE For All The Family

Give your family the chance to experience a holiday in sunny Malta and study English. During the mornings, parents will focus on their selected course whilst the children attend their own lessons. The afternoons and evenings are free for the family to enjoy together.

Courses of 1 - 52 weeks' duration.

- Children between the ages of 5 to 10 years learn English for 20 lessons per week with a young teacher dedicated exclusively to them
- Younger children of ages 3 to 5 years attend an English-speaking kindergarten with other kids of similar age
- During the summer months children of ages 10 to 13 may opt to attend group lessons with other children of similar age
- Parents select their preference to follow any 20 lessons a week course for adults as appears on this catalogue
- Certificates of Attendance and Merit are awarded
- All lessons start on any Monday of the year

ME Mediterranean English Celebration (Club 50+)

Connect with like-minded, successful people of experience from other countries within a friendly Mediterranean cultural setting and use English as your language of universal communication.

Courses of 1 - 5 weeks' duration.

- Unique intercultural enrichment programme available in May and October
- 3-hour morning social interactive discussions in English guided by a professional English teacher for 5 days a week
- The minimum English entry level is A2
- Five afternoon or evening activities every week on the arts, crafts, cuisine and Mediterranean healthy foods, country trekking and walks, Christianity and Knights crusaders and Valletta the European City of Culture 2018. Great opportunities to explore our beautiful Maltese Islands, their traditions, curiosities, culture and heritage and to network internationally with new friends.
- Certificate of Attendance and English Ability is awarded

"My course was fantastic! The teachers really understood the progress I wanted to make and helped me achieve that. I've met so many nice people from other countries and the atmosphere at school was just amazing."

TEREZA TARASOVNA
RUSSIA

Professional English

PE Professional English

Master your profession in the English language with the Professional English course that addresses your specific needs in line with your career path. This combines Intensive General English for social use and the English terminology and phraseology of your particular professional subject.

Courses of 1 - 4 weeks' duration.

- Professional English micro-classes of maximum 4, average 2 - 1 learners
- 10 Intensive General English and 10 or 20 Professional English lessons for learners of minimum B1 level of English
- 20 Intensive General English and 10 Professional English lessons for learners of minimum A2 level of English
- Courses start every Monday of the year
- Certificate of Attendance and Merit is awarded

BE Business English

Boost your confidence and increase your job's business potential by acquiring a command of English to conduct meetings, negotiations, presentations, write business letters and reports, and increase your vocabulary appropriate to your workplace.

Courses of 1 - 4 weeks' duration.

- Business English mini-classes of maximum 5, average 3 learners
- 20 or 30 Business English lessons for learners of minimum B1 level of English
- 20 Intensive General English and 10 Business English lessons for learners of minimum A2 level of English
- Courses start every Monday of the year
- Certificate of Attendance and Merit is awarded

AE One-on-One

Set your own pace in this highly specialised individual course where typical learners include academics, high ranking public officials, diplomats, members of parliament, senior managers, directors, lawyers, medical practitioners, engineers and more. Each seeks to improve their spoken English in their own field of specialisation.

Courses of 1 - 4 weeks' duration.

- Select your own starting date and determine your own duration and lesson location
- Choose from 15 up to 40 lessons a week in steps of 5 lessons
- Special fast track, intensive Friday to Sunday week-end of 20 lessons
- Full professional teacher attention exclusively to yourself
- Full customisation of your lessons to suit your personal requirements
- All levels of English from A1 to C2
- Certificate of Attendance and Merit is awarded

English Teacher Training

CE Cambridge ESOL CELTA International Teacher Training

The University of Cambridge ESOL CELTA Certification is your entry to a good English teaching post in any country of your choice.

Even if you are a graduate, a CELTA qualification gives you a firm grounding in the fundamentals of language teaching methodology and practice, lesson observation and classroom management.

Courses of 4 weeks' duration - full time.
Courses of 12 weeks' duration - part time.

- Highly intensive 160 contact lesson course
- Tutoring lesson observation, teaching practice, assignments
- Leading professional and experienced teacher trainers
- External visiting Cambridge delegated assessor
- C1 minimum entry level of English
- Full-time courses in February, May, August and November
- Part-time course from early December to end February
- Acceptance subject to Skype assessment interview on application
- Internationally recognised Cambridge Certificate in English Language Teaching to Adults (CELTA) is awarded

LE Language Awareness and Communicative Teaching Methodology

The need for English teachers worldwide creates teaching opportunities and supporting roles for non-native speakers as well. Be amongst the professionals and train yourself in Language Awareness and Communicative Teaching Methodology to improve your class performance and advancement opportunities.

As a teacher of English in a mainstream high school you need to refresh your four language skills and keep abreast with the continual linguistic evolution of English as a living language. Additionally, you may want to revitalise your language ideas to sustain student motivation.

Courses of 1 - 2 weeks' duration.

- Refresher 30 lesson per week course for non-native speaking teachers of English as a foreign language
- Hands-on techniques and activities in the communicative and learner-centred English classroom
- Loads of practical teaching ideas and tools to apply in your own classroom
- Participants practise and improve their own English in an EFL classroom setting
- Minimum B1+ level of English
- EU/EEA teacher trainees are eligible to receive Erasmus+ and other training grants
- Certificate of Attendance and Merit is awarded

"Excellent is not enough! In my Business English class I have accomplished even more than what I've aimed for. The teacher focused on our needs and I feel more comfortable to use English with our international customers."

TAKUYA WATANABE
JAPAN

English and Activities

English and Activities for Juniors

Travelling at a young age is all about learning respect for other cultures and diversities by encouraging the child to broaden its mind. NSTS offers students aged 10 to 17 years a safe, secure and cared for environment where they find international friendships, learn to be independent and combine a healthy holiday of organised activities by the sea or in the countryside, practicing spoken English.

NSTS common services for Juniors include:
Summer afternoons: on the beach, swimming, canoeing, paddle boat riding, snorkelling
Winter afternoons: at theme parks or the countryside, trekking, hiking, walks and sports
Day and afternoon cultural outings: to explore medieval towns, villages, fortifications, baroque architecture, heritage sites in Valletta, the Three Cities, Mdina, Rabat, Siggiewi, Zebbug and Marsaxlokk
Teens Adventure evenings: international, foam, beach and cruise-boat parties, talent shows, tournaments, animation, karaoke, beach and poolside barbeques, festivals and fun parks
Kids Camp evenings: poolside barbeques, in-house partying, talent development, games, storytelling, promenade walks and ice-cream, movie night, fun parks and fireworks events
On arrival: meet and greet at airport, transfer to accommodation, NSTS student card, welcome and goodies pack, weekly programme
On departure: transfer from accommodation to airport, assistance at check-in and farewell

KE Kids English Camp

As a parent of a young child aged 10 to 13 years you seek a trustworthy safe environment for an English language summer holiday. Our NSTS Kids Camp is a creative and innovative programme to study and practise English, be part of amazing fun-filled activities, and live at Campus Residence in its safety designed multi-bedded rooms with private facilities, air-conditioning and free Wi-Fi.

Your child will be under 24/7 group, not individual, supervision of NSTS animateurs who organise and accompany them to their daily morning lessons, afternoon and evening activities as listed above. The evening activities are mainly held by the swimming pool or in the multipurpose lounges of Campus Residence. Kids English Camp can also be booked for groups.

Courses of 2 - 6 weeks' duration.

Your child's weekly Kids English Camp programme includes:

Activities: 2 full-day outings on weekends, 5 afternoons, 7 evenings of fun per week

English: 20 lessons, Monday to Friday 09:00 to 12:30 hours, groups of maximum 15 at minimum English level A2

Registration: pre-course placement, all learning materials, final examination, certification

Accommodation: full-board, packed lunch, 4/5 bedded sharing at Campus Residence only, cleaning 3 times weekly

Supervision: Animateur accompaniment with all kids in group during all included organised activities and at all other times throughout their stay

Transport: on all included activities, as necessary

Certificate of Attendance and Merit is awarded

TE

Teens English Adventure Holiday

Come, learn English and enjoy your unforgettable Malta holiday. Explore the splendid Maltese beaches and make friends from all over the world. If you are 14 - 17 years old join Teens English Adventure on your own or as part of a group and come during the summer holidays or even during your April, October and New Year holidays.

Courses of 2 - 6 weeks' duration in summer.
Courses of 1 - 2 weeks' duration in winter.

Your weekly Teens English Adventure programme includes:

Activities: 1 full day outing on the weekend, 4 afternoons, 4 evenings of fun per week

English: 20 lessons, Monday to Friday 09:00 to 12:30 hours, groups of maximum 15 at minimum English level A2

Registration: pre-course placement, all learning materials, final examination, certification

Accommodation: full-board, packed lunch, 4/5 bedded sharing at Campus Residence, cleaning 3 times weekly, or host families

Supervision: Animateur accompaniment on all organised, included and optional group activities

Transport: on all included and optional activities as needed, to school from distant host families

Certificate of Attendance and Merit is awarded

TS

Teens Summer Adventure Holiday

This Summer Holiday exchanges the five morning lessons of the English Holiday with educational and entertainment activities that include the National Aquarium, Limestone Heritage, the national minerals bottling plant, a harbour cruise, Rinella Fortifications Battery, LaserMaxx, archery, sports, Splash and Fun park and others, to provide a full programme delivered in English that requires a minimum English level A2.

Holidays of 2 - 6 weeks' duration.

Your weekly Teens Summer Adventure programme includes:

Activities: 1 full day outing on the weekend, 5 mornings, 4 afternoons, 4 evenings of fun per week

Registration: refreshments, water, organisation, coordination and administration

Accommodation: full-board, packed lunch, 4/5 bedded sharing at Campus Residence only, cleaning 3 times weekly

Supervision: Animateur accompaniment on all organised included and optional group activities

Transport: on all included and optional activities as needed

"Best holiday ever! It was so awesome to be in Malta: it's always sunny, great beaches and cool people from other countries."

TOMASZ BIERNAT
POLAND

School Groups

NSTS welcomes schools and parents who encourage students to participate in youth mobility educational programmes such as Erasmus+ and others. We have a number of established programmes that offer a variety of educational, cultural and entertainment opportunities in an English-speaking environment. However, we also invite your proposals based upon your international educational and funding objectives.

School Group Basic Core Services

We include in each programme for school group students the basic core of services as listed herewith, that make up the framework and leisure activities common to all stays. The school, teacher or parents select one of the principal services listed opposite that constitutes the purpose and educational orientation of the visit according to the school's objectives and preferences.

School groups live either at NSTS Campus Residence in safety and security, sharing 4/5 duplex bedded rooms with private facilities, free Wi-Fi, central heating/air-conditioning, or at selected host families sharing to a maximum of 4 students per family.

The Basic Core Services for every school group are:
Accommodation: full-board, packed lunch, 4/5 bedded sharing at Campus Residence, cleaning 3 times weekly, or families
Town Orientation Walk: friendly welcome walking activity and town familiarisation
Partying: one evening dedicated to a Welcome or Farewell Party with music and animation
Evening Do: an indoor activity of games, animation, movies, talent and friendships
Assistance: Animateur during all activities and to provide general support to teachers
Transport: as needed from families to English lessons, to families after above activities
On arrival: meet and greet at airport, transfer to accommodation, welcome and goodies pack and week's programme
On departure: transfer from accommodation to airport, assistance at check-in, farewell

School Group Principal Services

SE

English, Culture, Fun

As a teacher you set out with your school group during the scholastic year on a 5 to 8 day educational trip to a safe, friendly, hospitable and history-rich country. You offer your students 3 hours a day of interactive quality English lessons, and optional daily afternoon outings to the numerous interesting historical attractions and pleasant evening entertainment.

You can choose 12, 16 or 20 English lessons that are exclusive to the group and any number of cultural, social and sports activities you desire according to the duration of your group's stay.

JE English For My First Job

This programme alternates 20 lesson-hours of English dedicated to the ethics and procedures of employment and work with 20 hours of work experience in different work places. In the evenings and weekend, we organize on request, fun and relaxation activities. Each student must have a minimum English level of A2.

The "English for my First Job" programme is spread over 5 intensive full-days in a stay of 7 or 8 days. The 8-day stay gives students the opportunity of a well-earned optional cultural enrichment sightseeing activity.

FJ My First Job Experience

An alternative is a full-day intensive work only programme of 40, 60 or 80 hours in a stay of 7, 12 or 14 days with evening and weekend relaxation activities. Each student must have a minimum English level of B1.

Sponsorship funds are generally available for these programmes.

II Intercultural Immersion

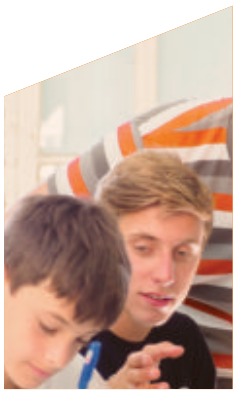
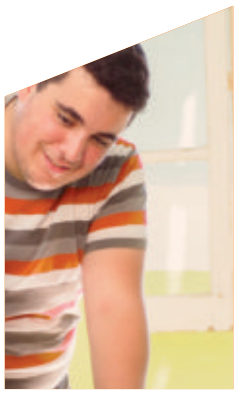
Our intercultural immersion programme is planned over a holiday of between 5 and 8 days. It centres around an English-speaking programme of full-day outings to popular heritage sites listed on page 22 and more, led by an animateur and is subject to an additional supplement for a licensed professional guide. Evenings are spent on entertainment activities. In addition to the Basic Core Services the teacher is to decide upon the optional additional day outings and evening activities and is quoted for accordingly.

The Immersion is a great way to practise English whilst enjoying what Malta has to offer.

ST Sports Training Camp

Come with your school's or club's team and train in an English speaking overseas environment with great climatic conditions. Our seasons are very mild and the period from October to May is perfect for sport training camps or individual practice. We organize training facilities for 5 half days a week and handle all the logistics on your behalf.

On request we offer professional strength and conditioning coaching sessions to improve performance, increase strength and prevent injury, local coaches in the sport of interest and any other specific requirements you may ask for. You are invited to request additional optional sightseeing, social activities and/or English lessons.

NSTS Locations

Where you will be with us

Support Services

Accommodation

To facilitate your stay in Malta and encourage deeper intercultural exchanges, networking and friendships with participants on NSTS programmes like yourself, we recommend that you select to stay at either an NSTS Student Residence or a Host Family. We however also offer hotels and apartments for those who seek independent living.

Junior participants under 18 years of age must include, and provide proof of, their date of birth in their reservation as they are legally exempt from paying EcoTax. Adult participants will have this tax levied on their accommodation.

NSTS Student Residences

You are welcome to reserve a single studio all to yourself or just a bed sharing a twin or a triple with others in either of the two NSTS Student Residences. NSTS Hibernia Residence is classical in style and furnishings while NSTS Campus Residence is modern and minimalistic.

NSTS Hibernia Residence (Adults)

Location

- Excellent, central, safe, quiet residential Sliema location off rocky beach flanking St Julian's
- From 250 metres to the promenade, waterfront, cafes, bars, restaurants, shops
- 5 minutes to rocky foreshore for swimming, sunbathing, evening relaxation
- 10 minutes on foot to NSTS English Language Institute
- 15 minutes to St Julian's entertainment spots, Sliema commercial centre, shopping malls
- Easy nearby access to public transport services including direct airport service

Amenities

- Internet café, free Wi-Fi in the common areas
- Roof-top multipurpose common lounge, open-air roof terrace, ground floor reception foyer and breakfast room
- Morning/day-time reception service, on call 24/7 emergency attendance
- CCTV and electronic lock security systems
- Coin operated dispensers and laundry service
- Accessibility for persons with special needs
- Daily continental cold buffet breakfast included in studio rates
- Mini market on ground floor

Studio-rooms and suites

- Studio one-room 1 to 3 single beds, studio-suite two-rooms 1 to 4 single beds, sheets changed weekly
- Ensuite bath/shower room, toilet, washbasin, towels changed twice weekly
- Complete kitchenette: electric hobs, microwave oven, refrigerator, utensils, crockery, cutlery, dining table
- Rustic, pine, laminate furnishings, study desk, safe deposit box
- Ceiling fan, convection heater and cabled internet connection
- Short-term stays: three weekly cleanings, long-term stays: one weekly cleaning

NSTS Campus Residence (Adults & Juniors)

Location

- Central, safe, quiet residential location by University of Malta, Msida flanking Sliema and St Julian's
- Few minutes' walk to Sliema-Gzira seafront, open-air bars, cafes, restaurants, shops, shopping malls
- Rocky foreshore for swimming and sunbathing in Sliema, Manoel Island, Ta' Xbiex
- 10 minutes on foot to NSTS English Language Institute, to a well-equipped gym, heated Olympic size swimming pool, skateboard park and other sports grounds
- Excellent access to public transport services including direct airport service

Amenities

- Free Wi-Fi in common areas, private studios and rooms
- Swimming pool with sun deck and poolside cafeteria, no lifeguard
- Multifunction common lounges, meeting, games, study rooms
- 24/7 reception, night security
- CCTV security system, electronic recording door keys
- Free flowing drinking water, coin operated dispensers and laundry service
- Full ground floor accessibility for persons with special needs
- Environmentally regulated air-conditioning, central heating
- Daily rich continental cold buffet breakfast included in studio and room rates

Studio-rooms for adults

- 3 single beds for single, or shared twin, triple occupancy, sheets changed weekly
- Ensuite shower-room, toilet, washbasin, towels changed twice weekly
- Complete kitchenette: gas hobs, microwave oven, refrigerator, utensils, crockery, cutlery, dining top
- Open-air terrace overlooking University grounds or sun balcony overlooking swimming pool
- Minimalist furnishings, study desk-top, long-term storage shelf
- Short-term stays: three weekly cleanings, long-term stays: one weekly cleaning

Multi-bedded rooms for Juniors

- Dedicated safety designed features and secure wing for ages 10-17 years
- 4 and 5 duplex single beds, sheets changed weekly
- Private shower-room, toilet, washbasin, towels changed twice weekly
- Open-air panoramic terrace or sun balcony or internal shaft window
- Electronically secure personal cupboard for private use
- Short-term stays: three weekly cleanings

Host Families

If you truly want share into Maltese culture and see the country from a local perspective, then our homestay offer can make your stay a really special one. You will also share your own culture and your country perspectives in your daily conversations with your hosts.

We personally visit and interview our host families. We assess their motivation and disposition to host international guests and promote intercultural relations before enrolling them. We maintain regular contact to ensure reliability, your integration into the family's lifestyle and reciprocal friendly quality support and hospitality.

Our host families offer single and shared rooms for up to 4 house-guests with a bath/shower-room generally reserved for all the guests. Each host family provides a daily cold continental breakfast and a wholesome three course dinner. Additionally minor aged students receive a packed lunch on their days out, otherwise they receive a 2 course lunch whilst adult guests normally eat out.

NSTS families generally live within the Northern Harbour District that comprises the NSTS School's location in Gzira, its adjoining regions of Sliema, St.Julian's, Msida, San Gwann and their suburbs and the more peripheral towns and villages. In this respect a good number of families live within 30 walking minutes from NSTS School or around 30 minutes by public transport from the School. However these timing distances do not necessarily hold good for students on Study Abroad and Career Development programmes.

Hotels, Apartments

Malta offers a plentiful stock of good hotels in the 3, 4 and 5 star categories as well as an abundance of well-furnished apartments on short lets. Moreover Valletta recently developed its old palatial houses into beautiful antique-style furnished boutique hotels, guest houses and apartments all of which offer modern day comforts and amenities.

NSTS would be happy to recommend any one of these to you upon request and to place your reservation should you not wish to research and book them yourself.

Airport Transfers

For your peace of mind and comfort, if requested we are happy to organise private transfers to and from the airport upon your arrival as well as on departure. You would need to provide us with your flight numbers and dates at the latest 10 days before your scheduled arrival.

This service is mandatory if you select to live at a host family or at NSTS Student Residence Hibernia, or if you form part of an organised group or if you are under 18 years of age.

Otherwise you may use the public transfer services that operate from the airport upon your arrival.

Activities

Enjoy yourself in your free time and explore Malta's beautiful heritage and nature with NSTS. The Student Care and Relations team at NSTS-English Language Institute offers you optional organised afternoon and evening activities. Here you learn more about Malta, strengthen your friendship with your school peers and practice your English.

Helpful Information

Valletta	European Capital of Culture 2018 - innumerable artistic, performing, exhibiting, debating, musical attractions and opportunities - visit www.valletta2018.org
Languages	English and Maltese
People	Friendly and hospitable Maltese, cosmopolitan street environment
Population	421,000
Size	316sqm
Time Zone	CET (Central European Time)

Currency	Euro
Visa	Schengen
Electricity	240V/50hz, 3 pin rectangular (British standard) plug
Phone code	International +356
Climate	Pleasant mild winters, hot sea-loving summers
Public holidays	01 Jan, 10 Feb, 19, 30, 31 Mar, 01 Apr, 01 May, 07, 29 Jun, 15 Aug, 08, 21 Sep, 08, 13, 25, 26 Dec

Terms and Conditions

By submitting your application you bind yourself to these terms and conditions.

Applications and payment: Applications in English will be received via e-mail on reservations@nsts.org or online on www.nsts.org and must be accompanied by full payment as follows:

(i) International Career Development: at least 8 weeks prior to selected start date, including CV and motivation letter;
(ii) Study Abroad: at least 21 weeks (5 months) prior to selected start date.
(iii) English Language Learning: at least 4 weeks prior to selected start date if part of a group or if starting between 09 June and 14 September, or at least 2 weeks for individuals between 15 September and 08 June;

Applications on the prescribed form must explicitly state the selected educational programme reference code and number and, if applicable, accommodation reference code and number, starting and ending dates as well as the applicant's name, surname, gender, date of birth, nationality, passport number and validity, special needs. Groups must complete the Group Essential Information Form. Adults opting for NSTS Accommodation must pay an environmental tax of up to €5.00 each.

Applications for Career Development and Study Abroad, subject to a skype interview, must include the skype address and full payment of the skype interview fee. Registration is subject to the skype interview result.

Applicants for Career Development programmes are to obtain online, and abide by, the terms and conditions of acceptance for Internships, traineeship work placements and staff mobility programmes.

Registrations will be provisionally accepted subject to receipt of full payment of the selected educational programme and ancillary services fees, before the afore stated deadlines, by bank transfer direct to APS Bank Ltd Valletta, IBAN MT74 APSB 7717 2000 6515 10 6515 400 10, BIC/SWIFT code APSBMTMT, or by credit card. Registrations will only be confirmed upon timely receipt of full payment and will otherwise be automatically deleted.

Changes and cancellations: Changes made within 10 to 3 days prior to arrival are subject to a EUR50 administrative fee. Cancellations or curtailments made within 10 days and changes made to reservations@nsts.org and to emergency phone number +356 7949 5977 within 3 days prior to arrival are subject to a EUR250 fee. No refunds are permitted for 'no shows' or failure to utilise part or all of the services.

Fees include all that specified as incorporated in the selected service described in the brochure and website, and NSTS is not liable for that not contained therein. NSTS reserves the right to alter any service, description and fee without prior notice and to provide substitute services of at least comparable standard and contents as originally confirmed.

Students under 18 - Parent/Guardian Consent Form and Surety deposit: Applications from persons under 18 years of age must be, and are be deemed to be, endorsed by the person's parent/legal guardian who simultaneously retains full responsibility for their protégé's acts and/or omissions during the latter's stay in Malta. Applications through agents are deemed to be equally endorsed as a result of the agent's own transmission.

The conduct of any and all persons under 18 years of age enrolled on an NSTS programme is governed by a student charter that is available upon request. The terms, among other things, govern the behaviour of the minor student, applied discipline and prohibitions, unaccompanied outings, return times in the evenings, damages or misdeeds and the payment of a conditional refundable surety deposit of €50 upon arrival at check-in if accommodated at an NSTS Residence or hotel.

Code of conduct: By applying applicants accept that NSTS may, without being liable in any manner whatsoever, exclude any person from a service applied for or being consumed, and demand his/her repatriation at his/her charge, if, in the opinion of Management, s/he appears likely to endanger or impair the health, safety or comfort of other persons using concurrent services, or the reputation of NSTS by his/her acts or omissions

Applicants accept to submit a passport size photograph or to be photographed on arrival and pay therefor for the purpose of being provided with a legally required school identity card bearing their image.

Public Holidays: None of the educational programmes enrolled for will be available on public holidays and no refund will be given for lost parts. The public holidays are: 01 January, 10 February, 19, 30, 31 March, 01 April, 01 May, 07, 29 June, 15 August, 08, 21 September, 08, 13, 25, 26 December.

Visa: The applicant is solely responsible to provide on demand a valid identity document, passport and entry visa and will be requested to extend their authorization to remain in Malta by means of a national visa issued by the Central Visa Unit for the duration of up to one year.

Data Protection: In enrolling with NSTS the applicant consents and authorises NSTS to process any personal data in accordance with the Data Protection Act of Malta and to transfer/disclose such data to other companies within the NSTS group of companies as deemed necessary for the provision of the services enrolled for and for the purposes associated thereto.

Photography, Filming, Sound Recordings, Testimonials: The applicant consents to being photographed, filmed, recorded and have any testimonial used for promotional purposes and to receiving marketing materials from NSTS and will be given the opportunity to opt out upon request from this consent according to law.

Obligations: This brochure and all commercial relations arising therefrom are deemed to be executed through the brand NSTS of company registration C4425 of 220 St. Paul Street, Valletta VLT 1217 Malta.

NSTS
EDUCATION • MOBILITY • LIFESTYLE

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